□□□□□□ □□□□□□

□□□□□□ □□□□□□ □□ □□□□□□-□□□□□□ □□□□□□ □□□□□□ □□□□□ □□ □□ □□□□ □□□ □□ □□ □□ □□□□□ □□ □□ □□□□□□□, □□□□□□□ □□□□ □□□□ □□□ □□□ □□□□ □□ □□□ □□□□□□□ □□□□ □□□ □□□ □□ □□ □□□□□□□□□ □□ □□□□□ □□□□□□□ □□□□□□ □□□□ □□, □□□□ □□□□□□□ □□□□ □□□□□□□ □□ □□□□ □□ □□□□ □□□, □□□□□□ □□□□□□□ □□ □□□□ □□□ □□ □□ □□□□□ □□□□□□ □□□□□ □□□ □□□□ □□□□

□□ □□□□□ □□ □□□□□ □□□ □□□□□□□□□□ □□□:

1. **□□□□□□□□ □□□□□: □□ □□□ □□□□□ □□□□ □□□□□□□ □□□□□ □□□ □□ □□□□ □□□, □□□□ □□□□□□□□□ □□ □□□□ □□ □□□□ □□□ □□ □□-□□□□□ □□ □□□□□□ □□ □□□□ □□□□

2. **□□□□□□ □□□□: □□□□□ □□ □□ □□□□ □□ □□□ □□□ □□ □□□□□□□□□ □□ □□□□ □□□ □□□, □□-□□□□□ □□ □□□□□ □□□ □□ □□□□□□□□□□ □□□□ □□□□

3. **□□□□□□□□ (Naloxone) □□□□□: □□ □□ □□□ □□ □□ □□□□□□ □□□□□□□ □□ □□□□ □□□ □□□ □□□□ □□□ □□□□ □□□□□ □□ □□□□□ □□□□ □□□□□ □□□□□□□□□□ □□□

4. **[illegible] [illegible]:** [illegible]

[illegible]

[illegible]: [illegible] [illegible] [illegible]

[illegible]
[illegible] **(Recovery Kernel)** [illegible] [illegible] [illegible]

3. [illegible]: [illegible], [illegible], [illegible], [illegible]

[illegible] 20-[illegible] - [illegible], [illegible], [illegible]

[illegible]; [illegible] - [illegible], [illegible], [illegible] - [illegible]

[illegible], [illegible]-[illegible], [illegible]

[illegible] "Recovery Kernel" [illegible], [illegible]

[illegible]:

[illegible] ([illegible]):

1. **Identify the issue:** Start by recognizing and acknowledging the problem.
2. **Set goals:** Define clear, achievable goals for recovery.
3. **Find support:** Connect with a supportive community or professional help.
4. **Create a plan:** Develop a

[illegible]: [illegible]

[illegible]-[illegible], [illegible], [illegible]

[illegible]:
1. **[illegible]:** [illegible], [illegible]-[illegible]
2. **[illegible]:** [illegible]-[illegible]
3. **[illegible]:** [illegible], [illegible]

personalized recovery plan.
5. **Take action: Implement your plan and take consistent steps towards healing.**

□□□□□□□□□ (□□□□□):

1. **□□□□□□□ □□ □□□□□ □□□□: □□□□ □□□□□□ □□ □□□□□□□ □□ □□□□ □□□□□□□□ □□□□□**
2. **□□□□□□□ □□□□□□□□□ □□□□: □□□□□ □□ □□□ □□□□□□□ □□ □□□□□□□ □□□□ □□□□□ □□□□□□□ □□□□□□□□□ □□□□□**
3. **□□□□□□□ □□□□□: □□ □□□□□ □□□□□□ □□ □□□□□□ □□□ □□ □□□□□□□**
4. **□□ □□□□□ □□□□□: □□□□ □□□ □□ □□□□□□□□□ □□□□□ □□ □□□□□ □□□□□□**
5. **□□□□□□□□ □□□□: □□□□ □□□□□ □□ □□□□ □□□ □□ □□□ □□□□ □□ □□□ □□□□□□ □□□ □□□□□□**

□□□□□ □□□□□□	□□ □□□ □□ □□ □□□□□□□□□□ □□ □□□ □□ □□□□□ □□ □□□□ □□□□ □□ □□□□□ □□□□□□□ □□□:
1. **□□□□ □□ □□□□:** □□□□ □□□□□ □□□□, □□□□ □□□□□□□ □□ □□□□□ □□ □□□□□ □□ □□□□□ □□□ □□ □□□□□□ □□□□ □□□ □□□□□, □□□□ □□□□□□□ □□ □□□□□□□	**□□□□ □□□□□□□ (□□□□□):** *□□ □□□□ □□□□□□□, □□□□□, □□□□ □□□□□□ □□□□ □□ □□□ □□□ □□□ □□□□ □□□ □□ □□ □□, □□□□□ □□□ □□□-□□□ □□ □□□□□□ □□□ □□□□ □□□□ □□□ □□ □□□□□ □□□□□ □□□□ □□, □□□□ □□□ □□ □□□□ □□□ □□□□ □□ □□□□□*
2. **□□□□□□□□ □□□□□ □□□□:** □□ □□□ □□□□□□□ □□□□□ □□□ □□□□ □□ □□□□□ □□□ □□ □□□□, □□□□ □□□□ □□□□□ □□ □□ □□□ □□□□□□□ □□□□□□□ □□□ □□ □□ □□□□□ □□□□ □□□ □□□□□	**□□□□□ □□□□□□□ (□□□□□□□):** *□□□□□, □□ □□ □□□□□ □□ □□□□□□□ □□□□□□□, □□□□ □□□□□ □□□□□□□□ □□ □□□ □□□□ □□□ □□□□ □□□ □□ □□ □□□□□□ □□□ □□ □□ □□ □□□□□□ □□ □□□ □□□□ □□ □□□□□□□□□□ □□□ □□ □□ □□□□□□ □□□□ □□□ □□□□□ □□□□ □□ □□□□ □□ □□□□ □□□□□ □□□□ □□ □□ □□□□□ □□□□□ □□□*
3. **□□□□□□□ □□□ □□ □□□□□:** □□□□ □□□□□ □□ □□□□□ □□, □□□□□□□	**□□□□□:** * **□□□□□ (□□□□□):** □□□□□ □□□ □□□□ □□□□ □□ □□ □□□ □□ □□□ □□ □□□ □□□□□□□ □□ □□ □□□□ □□□□ □□□□ □□□ * **□□□□□ (□□□□□□□):** □□□□□ □□□□ □□ □□ □□□ □□□□□ □□□, □□□□□ □□□□□ □□□□ □□ □□ □□ □□□ □□□ □□□ □□ □□□ □□□ □□ □□□□□□□□□ □□ □□□□ □□□ □□□□ □□ □□-□□□□□ □□ □□□□□□□ □□ □□□

□□□□□, □□ □□□□□ □□□□□□□□ □□ □□□□□□□□□□□□ □□□□□ □□ □□□□□□ □□ □□□□ □□□□ □□□□ □□ □□ □□□□□ □□□□□□□□ □□ □□□□ □□□□ □□□□

4. **□□□□□□□ □□□□□□□ □□□□:** □□□□ □□ □□□□□ □□□□□□□□□ □□ □□□□□□□□ □□ □□□□□ □□□□ □□□□ □□□□□ □□□□, □□ □□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□□□□□ □□, □□ □□□□□□□ □□ □□□□□□ □□ □□ □□ □□□□□□ □□□□□ □□□□□

5. **□□□□□□□ □□□□□ □□□□:** □□□□ □□□□□□□ □□, □□ □□□□□□□□ □□□□□□□□□, □□□□□□□ □□□□□□□ □□ □□□□□□□ □□□□ □□ □□ □□□□□ □□□□□□ □□□□□□□□ □□□□□

6. **□□□□ □□□□□□ □□ □□□□□□ □□□□:** □□□□□□□ □□ □□□□ □□□□, □□□□□□□ □□ □□□□□□□□ □□ □□□□□ □□□□□□ □□ □□□□

2 - □□□□□□□□□□□□□ □□ □□□□□□

□□□□□□□□□□□□ □□ □□□□ □□□□□ □□ □□□□□ □□ □□□□□ □□□□□, □□□□□□ □□ □□□□□□□□□□□ □□ □□□□□□□□□□ □□ □□□□□ □□□□ □□ □□□□□□□□ □□ □□□□ □□□□□ □□□□□□□□□□ □□ □□□□□□□□□□ □□□□□ □□ □□□□□ □□□□ □□ □□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□ □□ □□□□ □□□□ □□□□□ □□□□ □□□□□□ □□□□ □□ □□□□ □□ □□□□□ □□□□ □□ □□□□□ □□□□:

- **□□□□□ □□□□□□□ □□□□□ □□□□□:** □□□□□□□□□□□□□ □□ □□□□□, □□□□□□ □□ □□□□□□ □□ □□□□□□ □□ □□□□□ □□□□ □□□□ □□□□□□ □□□□□ □□□□□ □□ □□□□□□ □□ □□ □□□□□□□ □□ □□□□ □□□□□□□□□□ □□□□□□□ □□ □□□□□□□ □□ □□□□□□□ □□□□□□

□□□□□ □□□□□ □□ □□ □□□□□□ □□□□□□ □□ □□□□□□ □□□□□ □□□□ □□ □□□□ □□ □□□□ □□ □□□□□ □□□□□ □□□□□: □□□□□ □□□□□ □□ □□□□□□□ □□□□□

□□□□□ □□□□□ □□□□ □□□□□ □□ □□ □□□□□□ □□□□□ □□□□ □□□□□ □□□□□□□ □□□□ □□□□ □□ □□□□□ □□ □□□□□□ □□□□□□□ □□ □□ □□ □□ □□□□□ □□□□? □□ □□□□□□ □□ □□□□□□□ □□□□□□ □□ □□□□□□□□ □□ □□□□□ □□□□, □□□□□ □□ □□ □□□□□□ □□□□ □□□□ □□□□□□ □□□□□ □□□□□□ □□□□□□ □□□□□□□ □□ □□ □□ □□ □□□□□□ □□□□□ □□□□□□ □□□□□□ □□□□□□ □□, □□ □□□□□□ □□ □□□□□□ □□ □□□□□ □□□□□ □□ □□ □□□□□ □□ □□□□□ □□□□□

□□□□□ □□□□ □□□□□ □□□□ □□ □□□□□ □□□□□ □□□□□ □□ □□□□□□ □□□□□□□□□□□□ □□□□□□□□□□ □□ □□□□ □□□□□ □□□□ □□□□ □□ □□□□□ □□□□:

1. **□□□□ □□ □□□□□□□□□□□□ □□□□□ □□□□□ □□□□ □□ □□□□?**
   - □□ □□□□□□ □□ □□□□□ □□ □□□□□□□ □□□□□ □□□□ □□□□□ □□□□□ □□□□ □□ □□□□□□□□□□□ □□ □□□□ □□□□□ □□□□□□□□ □□□□□ □□□□□ □□ □□□□□□□ □□ □□□□ □□□□ □□□□□□ □□ □□□□□□□□ □□ □□□□□ □□□□□□ □□ □□□□□□□ □□□□ □□□□□ □□□□

2. **□□□□□ □□□□□ □□□□□ □□□□ □□□□ □□ □□□□□□□□□□□□ □□□□ □□□□□ □□□□?**
   - □□□□□ □□ □□□□□□□□□□□ □□□□ □□ □□□□□□□□□□□□, □□□□□□□□□□ □□□□□□ □□□□□ □□□□ □□□□□□□ □

- **[illegible]:** [illegible] - **[illegible]:** [illegible]	
# [illegible] - [illegible] [illegible] 1. **[illegible]:** [illegible] 2. **[illegible]:** [illegible]	[illegible]

□□□□□ □□□□□□ □□□□ □□□□ □□□□□□ □□ □□ □□□□□□□ □□ □□□□□□□□ □□□□□□□ □□ □□ □□ □□ □□□□□ □□ □□ □□ □□□□□ □□□□□ □□□□□□□ □□ □□□□□□□□□ □□□□□ □□□□ 3. **□□□□□□□ □□ □□□□□□□:** □□□□ □□□□, □□ □□ □□□□ □□□□□□ □□ □□□□□□□□□□ □□□□□ □□ □□□□□ □□□□□ □□ □□□□□□□ □□ □□□□□□□ □□ □□□□□ □□□□□ □□□□□, □□ □□□□□ □□□□□□ □□ □□□□□□□□□ □	
# □□□□□ - □□□□□□□ □□□□□□□□□ □□ □□□□ □□ □□□□□□□□□□ □□□□□□ □□ □□□□ □□□□ □□□□□□□ □□ □□□□□□ □□□□□ □□ □□□□□□□□□□ □□□□□□□□ □□□□ □□□□□ □□□□ □□□□□□□□□□□□ □□□□ □□ □□□□□ □□ □□□□□□□□□ □□ □□□□□□ □□□□□□□□ □□□□ □□□□□□□ □□□□□□□ □□□□□ □□□□ □□□□ □□ □□□□□ □□□□: 1. **□□□□□□□□ □□□□□:** □□□□□□□□□□ □□□□□ □□ □□□□ □□□□□□□□□ □□ □□□□□□□□ (Naloxone) □□ □□□□□□ □□ □□□□□□□□ □□ □□□□□□□ □□ □□□□□ □□□□ □□□□□□□□ □□□□□ □□□□□ □□ □□ □□□□□□□□□□□□ □□□□□ □□ □□ □□□□ □□□□ □□□□□ □□□□ 2. **□□□□□ □□□□□□□□ □□□□□□:** □□□□□□□ □□□□ □□ □□□□□□□□□□ □□ □□□□□□ □□□□□□ □□□□□□□ □□□□□□, □□□□□□ □□□□□□□, □□ □□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□ □□ □□□□□□ □□ □□□□□□□ □□□□□ □□ □□ □□□□ □□□□□□ □□□□ □□□□ □□□□□ □□ □□□□□ □□□□□□□□□ □□□□□□ □□□□ □□ □□□□□ □□ □□□□□□□ □□ □□□□□□ 3. **□□□□□□□□□□□ □□□□□□:** □□□□□□□ □□ □□□□□□, □□-□□□□□□ □□	□□□□ □□□□ □□□□□ □□□□□ □□, □□ □□□□□□□□ □□□□ □□□□ □□ □□□□□ □□ □□ □□□□

[illegible] [illegible] [illegible]

□□□□ - **□□□□ □□□□ □□ □□□□□ □□□□□□□□ □□ □□□	
□□ - □□□□□□□□ □□□□□□ □□□ (Recovery Kernel) □□ □□□□□ □□□□ □□ □□□□, □□ □□□□□ □□□□□□□□□□ □□ □□ □□ □□ □□□□□□□□□ □□□□□ □□ □□ □□□□ □□□□ □□□□□□ □□□□□□ □□□ □□□□□□□ □□□□ □□□ □□□ □□□□ □□□ □□ □□□□ □□□□□□□□ □□ □□□□□□□□, □□□□□□ □□□□□□□□□□□□ □□□□□ □□ □□□□ □□□□□ □□ □□□□□ □□ □□□□□□□□ □□□□ □□ □□□□□ □□□□ □□□	□□ □□□□□ □□□□□□□ □□□□□□ □□ □□□□□□□□□ □□□□□ □□□□□ □□, □□□□□ □□□□□□ □□□ □□ □□ □□□□□ □□□□ □□ |
□□□□□□□□□□□□□□□ □□ □□□ □□ □□□□ □□□□□ [□□□], □□□□ □□□□ □□□ □□□□□□□□□ □□ □□□□□□□□ □□ □□□, □□□ □□□□ □□□□□□ □□□□□ □□□ □□ □□□□□□□□□□□□□ □□ □□□□□□ □□, □ □□ □□ □□□□□□□ □□ □□ □□□ □□□□□□ □□ □□ □□□□	□□ □□□□□□ □□ □□□□□ □□□, □□ □□ □□□□ □□□□ □□□ □□□□ □□□ □□□□□ □□ □□ □□□□ □□, □□ □□□□ □□□□□□□□□ □□ □□□ □□□□ □□□□□

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible]: [illegible]

[illegible]

[illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [

- **[illegible]:** [illegible], [illegible], [illegible]
- **[illegible]**

[illegible]:

[illegible]

[illegible]:

[illegible]

[illegible] (Recovery Kernel) [illegible]	[illegible]
[illegible]-[illegible] [illegible] [illegible] [illegible] [illegible]: 1. **[illegible]:** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]	

2. **□□□ □□□□□□□□□:** □□□□□□□ □□□□□ □□ □□□□□□ □□□□□□ □□□□ □□ □□□□□ □□□□□□□□□□□□ □□ □□□□□□□□ □□ □□□□□□□ □□□□□□□□ □□ □□□□□□□□□□□□ □□ □□□□□□□□□ □□ □□□□□ □□□□□ □□□□□□□ □□□□ □□ □□□□□□□ □□ □□□□□□□ □□□□ □□□□ □□□□, □□ □□□□□ □□□□□□□ □□ □□□□□□□ □□ □□□□□□ □□□□□ □□□□ □□□□ □□□□□ □□□□□ 3. **□□□□□□□□□□:** □□□□□□ □□ □□□□□□□ □□ □□□□□ □□□□□□□□□□□ □□ □□□□□ □□□□ □□□□□□□ □□□□ □□ □□□□□□□ □□□□□ □□ □□□□□□□ □□□□□□□ □□□□ □□□□ □□□□□ □□□□□, □□□□□□□□ □□ □□□□□ □□□□□□□ □□ □□□□□□ □□□□□ □□ □□ □□□□□□□□□□□□□ □□ □□□□□□ □□ □□ □□□□□	
□□□□□□□ □□□□□ (Recovery Kernel) □□ □□□□□□□: 1. **□□□□□□□ □□□□□□□□ □□□□□□ (Create a Support Network):** □□□□□ □□-□□□ □□□□ □□□□□□ □□ □□□□□□ □□□□□ □□ □□□□□ □□□□□□□ □□ □□□□□□ □□□□ □□ □□□□□ □□□□□□□ □□□□□ □□□□□ □□ □□□□□□□, □□□□□□, □□□□□□□□, □□ □□□□□□□ □□□□□ □□ □□□□□□ □□ □□□□□ □□□□□ 2. **□□□□□ □□□□□□ □□□□□ □□□□□ (Share Your Story):** □□□□□ □□□□□□□□ □□ □□□□□□□□□□ □□ □□□□□ □□□□ □□□□□□ □□□□ □□□□□ □□ □□□□□ □□□□ □□ □□□□□□□□□□ □□□□ □□□□□ □□□□ □□ □□□□□ □□□□□□ □□□□ □□□□□ □□ □□ □□ □□□□□□ □□□□□ □□□□□ 3. **□□□□□□□ □□□□□□ □□□□□□□ (Adopt Healthy Habits):** □□□□□□□	### □□□□ □□ □□□□□, □□□□□□□□ □□□□, □□ □□□□□□□ **□□□□ □□ □□□□□:** - □□□□□ □□□□□ □□ □□□□□□□□ □□□□□ □□ □□□□ □□□□□□ □□ □□□□□□□ □□□□□□ □□ □□□□□ □□□□□ □□□□□□□□ □□ □□□□□□□ □□ □□□□□ □□□□□ □□□□ □□□□ □□□□□□□ - □□□□□ □□□□□□□□ □□ □□□□□□, □□□□□ □□ □□□□□□□□□□□ □□ □□□□□□□□□□□ □□□□□ □□□□□ □□ □□□□□ □□□□□ □□ □□□□□□□□□□ □□ □□□□□□ □□□□□ □□□□□ - □□□□□ □□□□ □□ □□□□ □□ □□□□, □□□□□ □□□□ □□□□ □□ □□□□□ □□ □□□□□□□□□ □ □□□□□□□ □□ □□□□□ □□□□□□□□ □□□□□□ □□ □□□□□□□□□ □□ □□□□□□□□□ □□ □□□□□ □□□□ **□□□□□□□□ □□□□:** - □□□□□ □□□□□□□□ □□□□□□□ □□ □□□□□□□□ □□ □□□□□□□□□ □□ □□□□□□ □□□□□□□□□□□□ □□ □□ □□ □□ □□□□ □□□□□ □□□□□ □□□□ □□ □□□□□ □□□□□ □□□□□□□□□□□□ □□□□□ - □□□□□ □□□□□□□□ □□ □□□□□□□□□□□ □□ □□□□□□ □□□□□ □□□□□□□□□□□ □□□□ □□ □□□□□□□ □□□□□□ □□□□□□□ □□ □□□□□ □□□□□□□□□ □□□□ □□□□ □□ □□□□□ □□□□□ - □□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□, □□□□□□□□, □□ □□□□□□ □□□□□□□ □□ □□□□□□□ □□ □□□□□ □□□□□□ □□□□ □□ □□□□□ □□□□□□□ □□□□□ □□□□□ **□□□□□□□:** - □□□□□□□□□ □□ □□□□□□□ □□ □□□□□□, □□□□□ □□ □□□□□□ □□□□□□, □□□□□, □□ □□□□□ □□□□□□□

□□□□□□□□, □□□□□□□□ □□□□□, □□ □□□□□□□□□ □□□□□ □□□□□ □□□□□□□ □□□□□□□□□□ □□ □□□□ □□□□□□□□□□□ □□□□□ □□ □□□□□□ □□□□□ □□ □□ □□□□□ □□ □□□□□ □□□□□□ □□□□□ □□□□ □□□□□□ □□□□□ □□□□ □□□□ □□ □□□□□ □□□□□

4. **□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ (Cognitive Behavioral Therapy - CBT) □□ □□□□ □□□□□□:** CBT □□ □□□□□□□□ □□□□□□ □□ □□ □□□□□ □□□□□□□□□□ □□□□ □□ □□□□□□□□□□ □□ □□□□□□□□ □□ □□□□□□ □□□□ □□□□ □□□□ □□□□ □□ □□□□□ □□□□□ □□□□□□□□□□ □□ □□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□ □□□□□□ □□□□ □□□□□ □□□□

5. **□□□□□ □□ □□□□ □□ □□□□ □□□□□□ □□

□□□□ □□□□:

□□□□□□□ □□□□□□□ □□ □□□□□□□-□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□ □□ □□ □□□□□□ □□ □□□□□ □□□□ □□ □□ □□ □□ □□□□□□ □□ □□ □□□□□□□, □□□□□□□□ □□□□□ □□□□□ □□□□ □□□□ □□□□□ □□ □□□□ □□□□□□□□ □□□□□ □□□□ □□ □□ □□□□□□ □□ □□□□-□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□, □□□□□□ □□□□□□□□ □□□□□ □□ □□ □□□□ □□□□□□□ □□□□□ □□ □□□□ □□□□□□□□□ □□□□□ □□□□ □□□□□□ □□□□□ □□□□□

□□ □□□□□□□□□□ □□ □□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□ □□□□□□ □□□□□□, □□□□□ □□□□□□□ □□□□□ □□ □□□□□□□ □□ □□□□□□□□ □□□□□□□ □□ □□□□□□□ □□□□□ □□□□ □□□□ □□□□□ □□, □□ □□□□□ □□□□□□□ □□□□□□□ □□ □□□□□□ □□□□□ □□□□□□□□□□□ □□ □□□□□□□□ □□□□□ □□□□ □□

□□□□□□ □□□□□□, □□□□□□□□□ □□ □□□□□ □□□□ □□ □□□□□ □□□□□□□ □□

□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□ □□ □□□□□ □□□□ □□ □□□□□ □□□□□□□ □□ □□□□ □□□□□ □□ □□ □□□□□□ □□□□□□□□ □□ □□□□□ □□□□□ □□□□ □□□□□□ □□□□□□ □□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□□□ □□ □□ □□□□□□ □□□□□ □□; □□ □□□□□□ □□□□□□□ □□□□, □□□□□□ □□□□□□□□, □□□□□□□□□□□ □□ □□□□□□□□ □□ □□ □□□□□□□□ □□□□

□□□□□□□□□ □□□□□ □□ □□ □□□□□□□ □□□□ □□□□ □□ □□□□□ □□□□□□, □□□□□□ □□ □□□□ □□ □□□□□ □□□□□□□□□ □□□□□ □□ □□□□□ □□□□□ □□□□ □□□□□□□□□ □□ □□ □□□□ □□ □□□□□ □□□□: □□□□□□□□, □□□□□□□, □□□□□□□□□□ □□ □□□□□□□□□□□□□ □□ □□ □□□□□ □□□□□□ □□ □□□□□ □□□□□□□□□ □□□□□ □□□□, □□ □□ □□□□ □□ □□ □□□□□□□ □□ □□□□□□□□□□ □□ □□□□ □□□□□□ □□□□□

□□□□□ □□□□ □□ □□ □□□□□□□ □□:

- **□□□□□□□□□□**: □□□□□ □□□□□□ □□ □□□□□□□□□ □□ □□□□□□□□□□ □□ □□□□□ □□□□□ □□ □□□□□□□□ □□□□□□
- **□□□□□□ □□ □□□□□□□□**: □□□□ □□ □□□□□□ □□□□□□□□ □□ □□□□□□□ □□ □□□□□□ □□□□□, □□□□□ □□ □□ □□□□□□ □□□□□□ □□ □□□□□□□ □□□□□ □□□□□
- **□□

[illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]

yourself now.) (Note: This is a direct, non-judgmental, and facilitative phrasing suitable for a harm reduction context. It matches the emotional register of the source content.)		
[illegible]: [illegible] [illegible], [illegible], [illegible] **[illegible]:** 1. **[illegible]:** [illegible], [illegible] 2. **[illegible]:** [illegible], [illegible], [illegible], [illegible] 3. **[illegible]:** [illegible], [illegible], [illegible] 4. **[illegible]:** [illegible], [illegible]	[illegible] - [illegible], [illegible], [illegible]	[illegible], [illegible], [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 5. **[illegible]		

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[ ]

]

]

]

5- **1.** **:** **2.** **:**

(Night When the Rules Disappeared)

[ ]

?

[-]

: **[ ], ?"**

: **[ ]**

जब आंखें समझने लगीं...)
(Jab aankhde samajhne lagin...)

(Note: This is a direct, natural translation that maintains the emotional register of the original phrase. In this context, "undeniable" translates to "स्पष्ट रूप से दिखाई देने" which means "clearly indicating" or "becoming evident".)

दृश्य 4: आंखों वाला कमरा आंखों [आंखों 3 आंखों]

[एक आलीशान, अत्याधुनिक आंखों सेट]

आंखें 1: (अत्यधिक आत्मविश्वास) आंखें एक ही से हैं आंखें आंखें आंखें से आंखें आंखें आंखें से हैं? आंखों आंखें से आंखें से से से से आंखें आंखों आंखें

आंखें 2: (आंखों आंखें आंखें) आंखें, से आंखें... आंखें आंखें आंखें आंखों आंखें से से आंखें आंखों से से आंखें आंखें आंखों आंखें आंखें से आंखें से से आंखों आंखें

आंखें 1: (अत्यधिकआत्मविश्वास आंखें आंखें) आंखें से, से आंखें से आंखें आंखों, आंखों से से आंखें आंखें से आंखें से आंखें से आंखें आंखें से, आंखें से आंखें आंखें आंखों आंखें से आंखें आंखें आंखें आंखें आंखें

- **आंखें आंखें: आंखें आंखें से आंखें**
  - आंखें से से आंखें, "आंखें आंखें आंखों से आंखें आंखें?" से से आंखें से आंखें आंखें से आंखें आंखें से से से आंखें आंखें आंखों से से आंखें से से आंखें

- **आंखों आंखें: आंखें आंखें**
  - आंखें आंखें से

[आंखें आंखें आंखें आंखें से - से आंखें आंखें से आंखें से से से आंखें से-आंखें से आंखें ए से आंखें आंखें से से आंखें आंखें]

आंखें आंखें से आंखें आंखों आंखें आंखें से आंखें आंखें आंखें आंखें

आंखें आंखें आंखें आंखों से?

से आंखें से से आंखों से आंखें से से आंखें से आंखें आंखें से से से आंखें से आंखें से आंखें आंखें आंखें आंखों से आंखों से आंखें से आंखें आंखें आंखों आंखें

आंखें आंखें से आंखों आंखें, [आंखें आंखें] आंखें से... से आंखें से आंखें आंखें से?

[आंखें से आंखों से से आंखें से से आंखों आंखें आंखें आंखें आंखें आंखें.]

से आंखें से आंखें: आंखें, आंखें आंखें आंखें आंखें

आंखें आंखें आंखें आंखों आंखें आंखें से आंखें आंखें आंखें

आंखें आंखें से आंखें से आंखें आंखें से आंखें आंखें आंखें: आंखें आंखें आंखें आंखें से? से आंखें से आंखें?

(Translation: To separate yourself from your past and then move forward: Is there something after this? After the cost?)

आंखें आंखें आंखें आंखें आंखें से आंखें आंखें से आंखें आंखें आंखें

आंखें आंखें आंखें से आंखें से आंखें आंखें —

आंखें से

[5 आंखें]

से से आंखें आंखें से से आंखें से आंखें आंखें आंखें, से से आंखें आंखें आंखें

[illegible]

[illegible]:

- **[illegible]:** [illegible]
- **[illegible]:** [illegible]
- **[illegible]:** [illegible]
- **[illegible]:** [illegible]

**# [illegible] 5: [illegible] [illegible] [illegible]

[illegible] 6: [illegible] [illegible] [illegible] 3 [illegible]]

[[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]]

[illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]

[illegible] *Recovery Kernel* [illegible]:

1. **[illegible], [illegible]?** (Share your experiences and the strategies you used to cope.)
2. **[illegible]-[illegible]?** (Which support systems were most helpful for you and why?)
3. **[illegible]?** (What obstacles did you face in addressing your struggles and how did you overcome them?)
4. **[illegible]-[illegible]?** (Do you have any techniques that help you stay calm during stressful or emotional times?)
5. **[illegible]?** (How did you assess your potential triggers and what steps did you take to manage them?)
6. **[illegible]?** (What was your biggest takeaway from this process and how have you tried to apply it?)
7. **[illegible]

[illegible], [illegible], [illegible], [illegible], [illegible], [illegible]

[illegible]: [illegible], [illegible]?

[illegible]? [illegible]?

- **[illegible]:** [illegible], [illegible], [illegible]
- **[illegible]:** [illegible]-[illegible], [illegible], [illegible]

[illegible]? [illegible]?

- **[illegible]:** [illegible], [illegible]

- **[illegible]:** [illegible], [illegible], [illegible], [illegible]

- **[illegible]:** [illegible], [illegible]

- **[illegible]:** [illegible], [illegible]

[illegible]: [illegible]

[illegible]

[illegible] [illegible] [illegible] [

[illegible]

- **[illegible] [illegible] [illegible] [illegible]:** [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
- **[illegible] [illegible]:** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

1. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible]

2. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

*[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□ □□ □□□□ □□□□□□□□□□ □□□□□ □□□□□ □□□□ □□□□□□□ □□□□□ □□: - **□□ □□ □□□□□□ □□□□□□ □□□□□:** □□ □□ □□□□□□□□□□ □□□□□□□ □□□□ □□ □□ □□□□□□□ □□□□□□□□□ □□□□□ □□ □□□□□ □□□□□□□ □□ □□□□□□□ □□□□□ □□ □□□□ □□□□□□ □□□□□□ □□□□□, □□ □□□□□ □□□□□□ - **□□□□□ □□□□□□□ □□□□□□□□ □□ □□□□ □□□□□□ □□□□□:** □□□□□ □□□□□□□, □□□□□□□□□□, □□ □□□□□□□ □□□□□ □□ □□□□□□□□ □□ □□□□ □□□□□□ □□ □□□□□ □□□□□□□□□□□ □□ □□□□□□□□□□□ □□□□□□□ □□ □□□□□ □□□□□ - **□□ □□□□□□ □□□□□□□□ □□□□□ □□□□□:** □□ □□□□□□□□, □□□□□□□□□ □□□□□□ □□□□□□ □□ □□□□□ □□□□□□□□□□ □□ □□□□□□□ □□□□□□□□ □□ □□□□□□□ □□□□	
□□□□□□□ □□□□□ (Recovery Kernel) □□ □□□□□□□: 1. **□□□□□□□ □□□□□□□□ □□□□□ (Create a Support Network):** □□□□□ □□-□□□ □□□□ □□□□□□ □□ □□□□□ □□□□□ □□ □□□□□ □□□□□□□ □□ □□□□□ □□□□ □□ □□□□□ □□□□□□□ □□□□□ □□□□□ □□ □□□□□□□, □□□□□, □□□□□□□□, □□ □□□□□□□ □□□□□ □□ □□□□□ □□ □□□□□ □□□□□ 2. **□□□□ □□□□□ □□□□□ □□□□ (Share Your Story):** □□□□ □□□□□□□□ □□ □□□□□□□□□□ □□ □□□□ □□□□ □□□□□ □□□□ □□□□ □□ □□□□ □□□□ □□ □□□□□□□□□□ □□□□ □□□□	**□□□□□□, □□□□□□□□□□□□□□□□□□□□□□□□, □□□□□ (□□□□□□□□□□ □□□□□□), □□□□□□□ (□□□□□□□□□□□)**

□□□ □□ □□□□ □□□□□ □□□ □□□□ □□ □□ □□ □□□□□ □□□□ □□□□

3. **□□□□□□ □□□□□ □□□□□□ (Adopt Healthy Habits):** □□□□□□ □□□□□□□, □□□□□□□ □□□□, □□ □□□□□□□□ □□□□ □□□□ □□□□□□ □□□□□□□□□ □□ □□□ □□□□□□□□□ □□□□ □□ □□□□□ □□□□ □□ □□ □□□□ □□ □□□□ □□□□□ □□□□ □□□ □□□□□ □□□□ □□□ □□ □□□□ □□□□

4. **□□□□□ □□ □□□□□□ (Self-Care):** □□□□ □□□ □□□ □□□□□□□ □□ □□□ □□□□□□□□□ □□□□ □□ □□□□ □□□ □□□□ □□□ □□ □□□□ □□□□□□□□□ □□□□ □□□□ □□ □□□□□, □□□□□ □□□□□, □□□ □□□□, □□ □□□ □□ □□□ □□ □□□□ □□ □□ □□□□ □□□□□□ □□□□□ □□□□□□ □□□□ □□□

5. **□□□□ □□ □□□ □□□ □□□□□ (Access in Times of Crisis):** □□□ □□ □

□□□ □□□:

□□□□□□ □□□□□□ □□ □□□□□□-□□□□□□ □□□□□□ □□□□□□ □□□□ □□ □□ □□□□□ □□ □□□□ □□□ □□ □□ □□ □□□□□ □□ □□ □□□□□□, □□□□□□□ □□□□ □□□□ □□□ □□□ □□□□ □□ □□□ □□□□□□□ □□□□ □□□ □□□ □□ □□ □□□□□ □□ □□□-□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□ □□, □□□□□ □□□□□□□ □□□□ □□ □□ □□□ □□□□□□ □□□□ □□ □□□ □□□□□□□□ □□□□ □□□ □□□□ □□ □□□□□ □□ □□□ □□□□□□□□□□□□□□ □□□□□□ □□□□□

□□ □□□□□□□□□□ □□ □□□□□ □□□□□□□□□ □□□□□□□□□□ □□ □□□□□ □□□□□, □□□□ □□□□□□□□□ □□ □□□□□□ □□□ □□□□□□ □□□□ □□ □□□□□□ □□□□

□□□ □□ □□□□□□□□ / □□ □□□□ □□□□□□□□□□ □□ □□□□ □□□□□□ □□□?

□□□□□ □□□□□□□□□ □□□□□ □□ □□□ □□□□□ □□□□□ □□□ □□ □□ □□□□□ □□□ □□ □□□□□□ □□□□, □□□□□ □□□-□□□ □□ □□□□ □□□□□□ □□□□□□□□ □□ □□□□□□□□□□ □□ □□□□□□ □□ □□□□□ □□□□ □□□□ □□□□ □□□ □□□ □□□□ □□□ □□□□□□□ □□ □□□□□ □□ □□□□ □□□□□□□□□□ □□□□ □□□□ □□□□□□□□□□ □□ □□□□ □□□□□□□□ □□□□ □□□ □□□□ □□□□ □□□□□□□□□□ □□□□□ □□□

1. **□□□□□□□□□ □□ □□□□□□□□:** □□ □□□ □□□□□□□ □□□□ □□, □□□□□ □□ □□□□□ □□□□□□ □□□□ □□□□□□ □□ □□□□ □□□□ □□ □□□□□ □□□□ □□□□ □□□ □□□□, □□□□□□□□ □□□□□ □□ □□□□ □□□ □□ □□□□□□□□ □□□□□□ □□□ □□□□ □□□□ □□□□□□□□ □□ □□□□ □□□□□□□ □□ □□□□ □□□□ □□□□ □□□□ □□□□□□□□□□ □□□□□ □□□

2. **□□□□□□□□□□□:** □□ □□□ □□ □□□ □□□□□□□□□□ □□□□ □□□, □□□□ □□ □□□ □□ □□□ □□□□ □□□□ □□□ □□□□□□ □□ □□ □□□□ □□□□□ □□□□□□ □□□ □□□□ □□ □□□□□□□□ □□□□□□ □□□□□□□ □□□□ □□ □□□□ □□□□ □□□ □□□□ □□□□ □□□□ □□ □□□□□ □□□□□□□□□□ □□ □□□ □□□ □□□ □□□□ □□□

3. **□□ □□ □□□□□:** □□□□□ □□ □□□□ □□□, □□ □□□□□ □□□□ □□□□ □□ □

[illegible] [illegible] [illegible]

□□□□□/□□□□□□□
□□□□□□□□:** □□ □□□□
□□□□□□□□ □□ □□□□□□□
□□□□ □□ □□□□□□ □□,
□□□□□□□□□□□ □□□□□ □□ □□
□□□□□□□□□□□ □□□□□□□
□□□□□□□ □□□□□ □□□□ □□
□□□□□□ □□ □□□□□
□□□□□□□□□ □□□□□ □□□□□
□□ □□□□□ □□□□□□□□ □□
□□□□□□□□□□□□ □□□□□ □□
□□□□ □□ □□□□□□□□□□
□□□□□□ □□□□□□□ □□□□□
□□□□□

3. **□□□□□□□
□□□□□□□□□:** □□□□□ □□□□
□□□□□□□□ □□ □□ □□□□□□
□□

□□□□:

□□ □□□□□□□ □□□□□□□□□□
□□□□□□ □□ □□□□ □□□□,
□□□□□ □□□□ □□□□□□ □□
□□□□□ □□□□□□ □□ □□□□□□□
□□□□ □□□□□□□□□□□ □□
□□□□□□□ □□□□□□□ □□□□□
□□□□ □□ □□ □□□□ □□□□□□
□□ □□□□ □□□□ □□□□□
□□□□□ □□□□ □□□□□
"□□□□□□□ □□□□□"
(Recovery Kernel)
□□ □□□□ □□ □□□□□ □□□□□
□□, □□ □□□□□□ □□ □□□□□
□□□□□□□ □□ □□□□□□□□
□□□□□□□□□□ □□□□□□□□□□
□□ □□□□□□ □□□□ □□□□
□□□□□ □□□□

□□□□□ □□□□□□□
□□□□□□□□□□□ □□□□□□□□
□□ □□□□□□ □□□□□ □□:

- **□□□□□□□□□ □□□□□□
□□□□□□:** □□ □□□□
□□□□□□□□ □□□□□□ □□□□□
□□□□□ □□□□ □□□□□□ □□□□
□□ □□□□□, □□□□□ □□□□□□
□□□□□ □□ □□□□□ □□
□□□□□□□ □□□□□□□□ □□
□□□□□□
- **□□□□□□□ □□□□□□:**
□□□□□□ □□ □□□□□
□□□□□□□□□ □□□□□ □□□□□
□□□□ □□ □□□□□ □□□□□□□□

□□□□□□□□ / □□□□□□□□□

(□□ □□□□□□□□□ "Recovery Kernel" □□ □□□□□□□ □□□□ □□□□□□ □□ □□□□□ □□, □□□□□ "□□□□□□□□□□/□□□□□□" □□ □□□□□ □□ □□ □□□□□□□□, □□□□□□□□□ □□ □□□□□□□□ □□ □□ □□□□□□□ □□ □□□□□□ □□ □□□□□□□ □□□□ □□□□□ □□□□.)

□□ □□□□ □□ □□□□ □□ □□□□□ □□□□□□ □□□□□□?
□□ □□ □□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□
□□, □□□□□□ □□□□□ □□□□□□ □□□□□ □□□□□□ □□
□□□□ □□□□□□□□ □□□□□□□ □□□□□ □□□□ □□ □□
□□□□ □□ □□□□ □□ □□ □□□□□ □□□□□□□□□□ □□
□□□□□□□ □□□□ □□□□□□ □□□□□ □□□□□□ □□□□,
□□□□□□ □□ □□□□□□ □□ □□□□ □□:

- □□□□ □□ □□ □□ □□□□□□□ □□□□□□□□□□
□□□□□□□ □□□□□□□□□□ □□ □□□□ □□□□ □□□□□
- □□□□□ □□□□□ □□□□ □□□□□□□□□□
□□□□□□□□□ □□□□□ □□□□□□ □□□□□
- □□ □□□□□□ □□ □□□□-□□□□□□□□□□
□□□□□□□□ □□□□ □□□□□□□ □□ □□□□□□□□□□□
□□ □□□□□ □□ □□□□ □□□□□
- □□□□□ □□□□□□ □□ □□□□□□□ □□□□ □□
□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□
□□□□□

[illegible]	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]	[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] - **[illegible]:** [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]

- **[illegible]:** "[illegible]! [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]"

- **[illegible]:** "[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]"

- **[illegible]:** "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]"

- **[illegible]:** "[illegible], [illegible]"

- **[illegible]:** "[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]:

1. **[illegible]:**
   - [illegible]
   - [illegible]

2. **[illegible]:**
   - [illegible]
   - [illegible]

3. **[illegible]:**
   - [illegible]
   - [illegible]

[illegible]?

[illegible]

[illegible]

- **[illegible]**: [illegible]
- **[illegible]**: [illegible]
- **[illegible]**: [illegible]
- **[illegible]**: [illegible]
- **[illegible]**: [illegible]

[illegible]

[illegible] 2: [illegible] [illegible]

[illegible]

1. [illegible]: [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]

□□□□

3. **□□□□ □□□□ □□ □□□□□□ □□□□□□□ □□□□ □□□? □□ □□□□ □□□ □□ □□□□□□□□□ □□□□ □□□□ □□□ □□□□ □□□□□□ □□ □□□□ □□□□□ □□□□ □□□□ □□□□□ □□ □□□□□ □□□□□

4. **□□□□ □□□ □□□ □□ □□□□□□ □□□□□□ □□□? □□□□ □□ □□ □□□□□□ □□□□, □□ □□□□□□□□, □□ □□□□□□ □□□□□□ □□□, □□□□□ □□ □□□□ □□□ □□□□ □□ □□ □□□□ □□□□□ □□□□ □□□□□

**5. **□□□□ □□□□ □□□□ □□ □□□□□□□□□□ □□□□ □□□

□□□□□ □□□□□ □□□ □□ □□ □□?

[□□□ □□□□ □□ □□□]

- **□□□□□□□□ □□ □□□□□□:** □□□□ □□□□ □□ □□ □□ □□□□□□ □□□□ □□□□ □□ □□□□□ □□ □□□ □□□ □□□□□ □□ □□□ □□□□ □□□ □□□ □□□□ □□□ □□□□□□□□□ □□□□□□□□ □□□□ □□ □□□□□ □□ □□□ □□□□ □□□ □□□□□□□ □□□□ □□□□ □□ □□ □□, □□□ □□□□ □□□□□ □□ □□□□□ □□ □□□□□ □□□□ □□□□□□□□ □□□□□□ □□□ □□□□□□ □□ □□□□ □□□, □□ □□ □□□□□□ □□□□□□□□ □□□□□ □□□□□

- **□□□□□□□□□□ □□ □□□□□:** □□□□ □□□□□□□□□ □□ □□□□□□□□□ □□□□ □□ □□□□□□□ □□□ □□ □□□□□□□□ □□□□□□□□□□ □□□□□ □□□□ □□□□□ [□□□□□□□□□ □□□□□□□□ □□ □□□□□□□□□ □□□□□□□□□□] □□ □□□□□□ □□□□ □□, □□□□□ □□□□ □□□□□□□□ □□ □□□□□□ □□□□□□□□□ □□□□□□ □□ □□□ □□□□□ □□□ □□ □□□□□ □□□□ □□□ □□ □□ □□□□ □□□ □□ □□□□□□ □□□□ □□□□ □□□□ □□□□□□□□□□ □□ □□□□□□ □□ □□ □□□□ □□□□□ □□ □□□□

- **□□□□□□ □□ □□□□□□□:** □□□ □□ □□□ □□□□□ □□ □□□□□□ □□□□ □□□□□ □□□ □□ □□□□□□□□ □□ □

□□□□□□□□□□□□□□□□□: □□□ □□ □□□□ □□□□□ □□□□□ □□?
□□□□ □□□□ □□□□ □□? **(Aapka matlab kya hai?)**
□□□□□□□□□□□□□□□□□: □□□□ □□□□□ □□□ □□ □□□□□ □□ □□□ □□□□ □□□ □□□□□ □□□□? □□□□ □□□□ □□ □□□ □□□□ □□□□ □□□ □□□ □□□□□□ □□ □□□□ □□□□ □□?
□□□□□ □□□□ □□□□ □□□ □□□ □□□
□□□□□□□□□□: □□□ □□□□ □□□, □□□□□ □□□ □□ □□□ □□□ □□□ □□ □□□□□ □□□?
□□□□ □□□□ □□□ □□ □□ □□□□ □□□□ □□ □□□□□ □□□□ □□□□□□
□□ □□ □□□□ □□□□ □□□
□□□□ □□ □□□□ □□ □□ □□ □□□□ □□□□□□□
□□□□□□□□□□□□□□□□□: □□□?
□□□□ □□□□□□ □□ □□□□□ □□□, □□□ □□□ □□□□ □□□□ □□□□
□□□□□□ □□□□□□□□□□ □□ - □□ □□□□□ □□□
□□□□ □□□□ □□□□ □□□□□□ □□□□ □□□?

- **□□□□□□□□□□□ □□ □□□□□□□□□:** □□□ □□□□□ □□ □□□□□□□ □□ □□□□□□□ □□ □□□□□ □□ □□□□ □□□ □□□□□□ □□□ □□□□□ □□□, □□ □□□□ □□□□□□□ □□□ □□ □□□□□□ □□□□ □□□ □□□ □□□□ □□□
- **□□□□□□ □□□□□:** □□□ □□□□□ □□ □□□□□ □□□ □□ □□□□□□□□□□ □□□□□□□ □□ □□□ □□□□ □□□, □□ □□□□□ □□ □□ □□□□□ □□□ □□□ □□□□ □□ □□ □□□□ □□□ □□□□ □□ □□□□ □□ □□□ □□□
- **□□□□□□□□□□□□□:** □□□ □□□□□□□ □□□□□□□□□ □□ □□□□□□□□□ □□□□□□□□□□ □□ □□□□□□ □□□□ □□□□□□□□□ □□ □□□□□□□□ □□ □□□□ □□□, □□□□□ □□□ □□□□□□□□ □□□□□□□ □□ □□□ □□ □□□□□ □□ □□□□□□□□□ □□□□□□ □□□□□□ □□ □□□□ □□□□
- **□□□□□ □□ □□□□□□□□□□:** □□□□ □□□ **[□□□□□/□□□□□□□□]** □□□ □□□□□□ □□□□□ □□ □□□□□□□□□□ □□,

[illegible]
- **[illegible]:** [illegible]

[illegible]

[illegible]:

[illegible]

[illegible]

[illegible] 4: [illegible] [illegible] 3 [illegible]]

[illegible]:

1. **[illegible]:** [illegible]

2. **[illegible]:** [illegible]

3. **[illegible]:** [illegible]

[illegible]:

[illegible]:]

[illegible]:

[illegible]:

[illegible]

[illegible]:

[illegible]

[illegible]:

[illegible]

[illegible]:

[illegible]

[illegible]:

[illegible]

□□□□□ □□□: □□□□□□□□ [5 □□□□]

□□ □□□ □□□, □□ □□□□ □□ □□□□□□□□ □□ □□□□□ □□□□□□□ □□□□□ □□ □□□ □□□□□□ □□□□ □□□□□□□□□ □□□□, □□ □□□□ □□□□ □□□□□□ □□ □□□□□ □□□□□□ □□ □□□□□□ □□□□□□ □□□□ □□□□ □□□□□ □□ □□□□□□□□ □□□ □□□ □□□□□□□

1. **□□□□ □□□□□□□ □□ □□□□□□□ □□□□□:** □□□□ □□□□□□□, □□□□□□, □□ □□□□□□ □□□□□□ □□ □□□ □□□□ □□ □□□□ □□□□□□ □□ □□□□ □□□ □□□□□ □□□□ □□□□ □□□□□ □□ □□ □□□□ □□□ □□ □□□□ □□□ □□ □□□□□ □□□□□□□ □□□□□ □□□ □□□□ □□□□□□ □□□□ □□ □□□□ □□□

2. **□□□□□□ □□□□□□ □□ □□□□ □□□□:** □□□□ □□□□□□□ □□□ □□□ □□□□□□ □□ □□□□ □□□□ □□ □□□□ □□□□□□ □□ □□□□□□ □□□ □□□ □□□□ □□□□ □□ □□□□ □□□□ □□□ □□□□ □□□ □□ □□□□ □□ □□□□□□□□ □□□□□ □□□□□□ □□ □□□□ □□□ □□□□ □□ □□□□ □□□□□□□ □□ □□□□ □□ □□□□ □□□ □□ □□□□□□ □□ □□□ □□□□ □□□□

3. **□□□□□□ □□□□□□□□ □□ □□□□□□□:** □□□□□□□ □□ □□□□□□□□□ □□□□□ □□ □□ □□□□ □□□□□□ □□□□□□□, □□□□□□□□, □□ □□□□□□ □□□□□□ □□ □□□□ □□□ □□□□□□□□□ □□□□□□□□□ □□ □□□□□□ □□□□□□□□ □□ □□□ □□□□

□□□□□□ 5: □□□□ □□□ □□□ □□ □□□ □□ □□□□ □□□□□ □□□?**

[□□ □□□□]

- **□□□□ □□□□□ □□ □□□□□□ □□□□:** □□□□ □□□ □□□, □□ □□□□ □□□□□ □□□ □□□□ □□□□□□□ □□□□□ □□□? □□□□ □□□□ □□□ □□ □□□□ □□□□□ □□ □□□□□ □□ □□□□□□□□ □□□□ □□□? □□ □□□□ □□ □□ □□□□□ □□□□□□□□ □□ □□□ □□□□ □□□□ □□ □□□□□□□ □□ □□□□□ □□□□□□□□ □□ □□□ □□□? □□□□□□ □□□ □□ □□□□□□ □□□□ □□ □□□□ □□□□□□□□ □□ □□□□□□

- **□□□□□□□□□ □□□□□:** □□ □□□ □□ □□□□□, □□ □□□ □□ □□□□ □□□□□ □□□□□ □□□? □□□□ □□ □□□□ □□□□□□□ □□ □□□□□□ □□□□□□□□□ □□ □□□□ □□□□□ □□□□ □□□□□□□? □□□□ □□ □□ □□□ □□ □□□□□□□□□ □□ □□□□□□ □□□□□ □□□ □□ □□□□ □□□□ □□□ □□□□□□ □□□□□ □□□□ □□□□□□□□□ □□□□□ □□ □□□ □□ □□□□□ □□□□□□

- **□□□□□ □□ □□□□□□:** □□□□ □□□ □□□, □□ □□□□ □□□□□□□ □□ □□□□□□ □□□□ □□□□□ □□□□□ □□□? □□□□ □□ □□ □□□□□ □□□□□□ □□□□□□□ □□□□□ □□□□□ □□□? □□ □□□□ □□□□ □□□□□□ □□□□ □□□□□□ □□□ □□□□ □□□□□□ □□□ □□ □□□□□

□□□□ □□□□□ □□□ □□□ □□ □□□□ □□□□□ □□□?

(Paanch saalon mein khud ko kahaan dekhte hain?)

Explanation:

This question asks about future aspirations, and a direct, natural translation conveys the same sense of hope and forward-looking perspective. The phrase "□□□ □□ □□□□ □□□□□ □□□" (khud ko kahaan dekhte hain) means "where do you see yourself," capturing both the literal meaning and the emotional tone.

[illegible] [illegible] **(THE FUTURE)** [illegible] [illegible] [illegible]

(Aap pooch rahe hain ki pad kya hai?)

Explanation:

This translation captures the direct and natural meaning of the question in Hindi, maintaining a warm and non-judgmental tone. It respects the localization guidelines provided by using idiomatic expressions and preserving the structure.

[illegible]: [[illegible]] [illegible]

[[illegible]]

[illegible]?

[illegible]: [illegible]

[illegible] —

[[illegible]-[illegible]]

[illegible] *Recovery Kernel* [illegible]:

1. **[illegible]:** "[illegible]? [illegible]-[illegible]"

2. **[illegible]:** "[illegible]? [illegible]?"

3. **[illegible]:** "[illegible]? [illegible]?"

4. **[illegible]:** "[illegible]-[illegible]? [illegible], [illegible], [illegible]"

5. **[illegible]:** "

[illegible]: [illegible]? [illegible], [illegible]?

(Translation: What was the hardest part to say in the interview? What surprised you about speaking it aloud?)

• [illegible]: [illegible]?

[illegible]: [illegible]?

[illegible], [illegible]:

- **[illegible]:** [illegible], [illegible], [illegible]

- **[illegible]:** [illegible], [illegible]

□□□□

- **□□□□□□□□□□□□:** □□□□□□□ □□ □□□□□ □□□□ □□□□□□ □□□□□□□□□□□□□ □□ □□□□□ □□□□□ □□□□ □□□□□ □□□□□ □□□□□□□□□, □
□□□□□ □□□□□□□ □□ □□□□□ □□□□ □□□□ □□□□□ □□□□□ □□ □□□□ □□□□□ □□□□ □□□□□□ □□ □□□□ □□? □□□□□ □□□□□ □□ □□□□□□ □□□□□ □□?

(Aapne bhavishy ke baare mein kucch nahi kahaa. Aap kise bare mein sanvaad kar rahe thee? Aapki kehne ki eechha kya thi?)
□□□□□ □□□□□ □□□□: □□□□□ □□□□ □□ □□□□□ □□ □□□□□□□□□□ □□□□ □□□□□ □□ □□□□□□□□ □□□□ □□□□□ □□□□□, □□□□□□ □□ □□□□□□ □□□□□ □□□□ □□ □□ □□□□□ □□□□ □□?

[illegible]: [illegible]

[illegible]

[illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [

□□□□ □□□ □□□ □□□ □□□□ □□□□□ □□ □□□□ □□ □□□□□ □□□□ □□□□□

3. **□□□□□□□□ □□□□□□□□ □□□□**: □□□□ □□ □□□ □□□□□ □□□□ □□□□□□ □□□□□□□□ □□ □□□□□ □□□□□ □□ □□□□□□ □□□□□□□□□ □□ □□□□□□□□□□□ □□□□ □□□□□□

4. **□□□□□□ □□□□□□□ □□□□□**: □□□ □□□□ □□□□□ □□ □□-□□□□□ □□ □□□□□□ □□ □□□□□□ □□□□ □□□□□ □□□□ □□□□ □□ □□□ □□□□□□□□□□□ □□□□□ □□ □□ □□□□□ □□□□□□ □□□□□□□ □□□ □□□ □□□□ □□□

5. **□□□□□□□ □□ □□□□□□□□ □□□□**: □□□□□□ □□ □□□ □□□□□□□□□

□□□□□□ □□□□ (Recovery Kernel) □□ □□□□□□:

1. **□□□□□□ □□□□□□□ □□□□□ (Create a Support Network):** □□□□ □□-□□□ □□□ □□□□□ □□ □□□□□ □□□□ □□ □□□□ □□□□□□ □□ □□□□□ □□□ □□ □□□□ □□□□□□ □□□□ □□□□ □□ □□□□□□, □□□□□, □□□□□□□, □□ □□□□□□ □□□□ □□ □□□□□ □□□□□ □□□□ □□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□ □□□□ □□□□ □□□□ □□□□ □□□□□ □□□□□ □□ □□ □□ □□□□□ □□□□ □□□□

2. **□□□□ □□□□□ □□□□ □□□□ (Share Your Story):** □□□□ □□□□□□□ □□ □□□□□□□□□□ □□ □□□□ □□□ □□□□□ □□□ □□□□ □□ □□□□ □□□ □□ □□□□□□□□□□ □□□ □□□□ □□□ □□ □□□□ □□□□□ □□□ □□□□ □□ □□ □□ □□□□□ □□□□ □□□□

3. **□□□□□□□ □□□□□ □□□□□□□ (Adopt Healthy Habits):** □□□□□□□

□□□ - □□□□□□□, □□□□□□□□□□□, □□□□□□□□□□ 1 (□□□□□□), □□□□□□□□□□ 2 (□□□□□□)

- **□□□□□□□**: □□□ □□□□□□□ □□ □□□□□□ □□ □□□□□ □□ □□□□□□ □□ □□, □□ □□□□□ □□ □□□□ □□□□□□□ □□ □□□□ □□□□ □□ □□□ □□□□□ □□□
- **□□□□□□□□□□□**: □□ □□□ □□□□□□□ □□ □□□□□□□□□□□, □□□□□□□, □□ □□□□□□□ □□□□□□ □□□□ □□, □□□□□□ □□ □□□□ □□□□□□ □□ □□□□□ □□□□□ □□□□□ □□□
- **□□□□□□□□□□ 1 (□□□□□)**: □□ □□ □□□□□ □□ □□□ □□ □□□□ □□□ □□□□ □□□□□□□□, □□□□□□□□□ □□ □□□□□ □□ □□□□□ □□□□ □□□□ □□□, □□□□ □□ □□□□□□□ □□□□□□ □□ □□□□□□□□□ □□□□ □□□□
- **□□□□□□□□□□ 2 (□□□□□)**: □□ □□ □□□□□ □□□□□, □□□□ □□□ □□-□□□□□ □□ □□□□□ □□□, □□□□□□ □□□□□□□ □□□□ □□□ □□ □□□□□ □□ □□□ □□ □□□□□□□□□□□ □□ □□□ □□□□□ □□□□ □□ □□ □□□□□□□□□ □□ □□□□□ □□□□□□□ □□□□□□ □□□□ □□ □□□□ □□□□ □□□ □□ □□□□□□□ □□ □□□□□ □□ □□□□ □□□

□□□□□□□□, □□□□□□□□ □□□□□, □□ □□□□□□□□□ □□□□□ □□□□□ □□□□□□□ □□□□□□□□□□ □□ □□□□ □□□□□□□□□□□ □□□□□ □□ □□□□□□ □□□□□ □□ □□ □□□□□ □□ □□□□□ □□□□□□ □□□□□ □□□□ □□□□□□ □□□□□ □□□□ □□□□ □□ □□□□□ □□□□□

4. **□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ (Cognitive Behavioral Therapy - CBT) □□ □□□□ □□□□□□:** CBT □□ □□□□□□□□ □□□□□□ □□ □□ □□□□□ □□□□□□□□□□ □□□□ □□ □□□□□□□□□□ □□ □□□□□□□□ □□ □□□□□□ □□□□ □□□□ □□□□ □□□□ □□ □□□□□ □□□□□ □□□□□□□□□□ □□ □□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□ □□□□□□ □□□□ □□□□□ □□□□

5. **□□□□□ □□ □□□□ □□ □□□□ □□□□□□ □□

□□□□□□□ □□□□□□□ □□ □□□□□□□-□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□ □□ □□ □□□□□□ □□ □□□□□ □□□□ □□ □□ □□ □□□□□□ □□ □□□□□□□, □□□□□□□□ □□□□□ □□□□□ □□□□ □□□□ □□□□□ □□ □□□□ □□□□□□□□ □□□□□ □□□□ □□□ □□ □□ □□□□□□ □□ □□□□-□□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□, □□ □□□□□□□□□□□□ □□ □□□□□ □□□□□□□ □□□□ □□□□□□ □□□□□□ □□ □□ □□□□□□□ □□□□□□□ □□□□□□□ □□□□□ □□□□

□□ □□□□□□ □□ □□□□□□ □□□□□□□□□□ □□□□□□ □□ □□□□□ □□ □□ □□□□□ □□ □□□□□□□ □□ □□□□□□, □□□□□□□ □□□□□□ □□□□□ □□ □□□□□□□□□□□ □□□□□□□ □□□□□, □□ □□ □□□□□ □□□□ □□ □□ □□□□□□ □□□□□□□ □□□□□□□ □□□□□□□ □□□□ □□□□ □□□□ □□□□ □□ □□ □□□□-□□-□□□□

□□□□ □□□□:

□□□□□□□□□ □□□□□ □□□□□ / □□□□□□□ □□□□□□□□□□□□

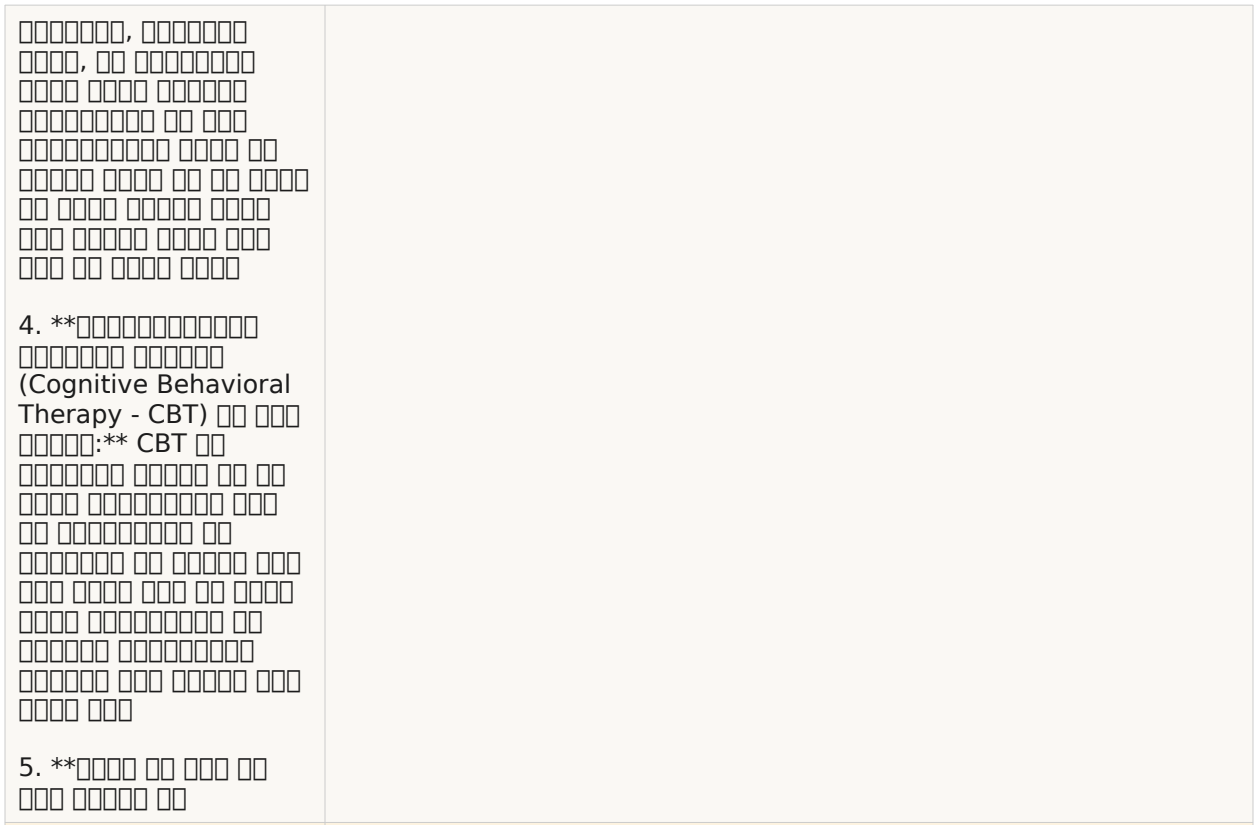
□□ □□ □□□□□□□□□□ □□ □□□□□□□□□□ □□□□□□□□ □□ □□ □□□□□□□□□□ □□□□□□ □□ □□□□□□□ □□ □□□□□ □□□□□□□ □□□□□□□□□□□□ □□ □□□□□□□□ □□ □□□□□□□□ □□□□

1. □□□□□□□□□ □□□□□ □□□□□:

- □□□□□ □□□□□□□ □□□□ □□□□□□□□□ □□ □□□□□-□□□□□□□□□ □□ □□□□□□□□
- □□□□□ □□□□□□□□ □□ □□□□□□, □□□□□□ □□□□□□□ □□□□□ □□□□□□ □□ □□□□□□□ □ □□□□□□□
- □□ □□□□□□ □□□□□□□ □□□□□□ □□ □□□□□ □□□□□ □□□□□ □□□□□□ □□ □□□□□□□ □□ □□□□□□□□□□□□ □□□□□□□ □□□□□

2. □□□□□□□ □□□□□□□□□□:

- **□□□□□□ □□□□□□□:** □□□□□□□□ □□ □□□□ □□ □□□□□ □□ □□□□□□□□ □□□□□□□ □□□□□□□
- **□□□□□□□□ □□ □□□□□□□□□□□□:** □□□□□ □□□□□□□□ □□ □□□□□□□□□□ □□ □□□□□□□ □□□□□□□ □□□□□
- **□□□□□□□□□□ □□ □□□□□□□ □□□□□:** □□□□□ □□□□□□□□□□ □□ □□□□□ □□□□□ □□□□□□□□□□□ □□ □□□□□□□□□□□ □□□□□□□□□ □□ □□□□□□□ □□□□□ □□□□□□ □□□□□□
- **□□□□□□ □□ □□□□□□:** □□ □□□□□□□ □□ □□□□□□ □□ □□□□□ □□; □□□□□ □□□□□□□□□□ □□ □□□□□□ □□ □□□□□□□



[illegible] [illegible] [illegible]

**********: ****** ********* ***, *** ********** ********	

Core Dump:

*** ******** ************ ****** *** **** ****, ***** **** ****** *** ***** ****** *** ******** **** ******** *** ************ ******** ***** **** *** *** **** ********** *** ****** ******** ****** **** ***** ********* ***** ************ *** ****** *** ***** **** *** ******** ***** ***** ***** *****

***** ******** ****** ***** ***** **** ************ **********:

1. ******** ***** ********:** ****** *** ********** ******, ***** ********* *** ********** *** ******** *** ********************* *** ****-************************ ********** *********

2. ******** ******** *****:** ****** *** ********* ******** *** ********* *****, ***** *** ************, ******** *********, *** ********** ************ ********* *** ****** ******** ***** *** ***** ******** **** ****** ********

3. ************ *** ********:** ************** *** ***** ********** *** *** ****** **** **** ****** ******** ********** ******, ************ *** ****** ***** **** ******** *****, *** ************ ********** *** ********

******/************** *********

*** **** *** **** *** ***** ****** *******? *** *** ********** ****** ******** ******* ***, ***** ****Recovery Kernel** *** **** *** ***** ***** **** *** *** ****** *** **** ********* ***** **** *** *** ******** *** ********* **** *** ******** *** **** **** *** *** ********** ********* **** ******* *** ******** *** ******** ****** *****

*** ****** ****** **** *** ******** ***:
- ****** *** **** ******** **** **** ************** *** ****, *** ***** ********** *** ******** *** *** ******** ***** ***** *** ********* ***** **** **** ****** *****
- ********* *** ******** *** ********** *** ********** ********* ***** ******* **** *** ******** *** ********** ************** ********* ***** ******* *****
- ****** *** ********** *** ******** ********** *** **** ***** ********** *** **** ***** ****** *****

**** ***** *** ****** *** ************ ********* ***, *** ******** ***** *** ********** ********* *** ********** ************ *** ******

[redacted] **[redacted]:** [redacted] [redacted] [redacted] [

[illegible] [illegible] [illegible]

■■ ■■■■■ ■■ ■■■■ ■■ ■■■■■ ■■ ■■■■■ ■■■■■■■■■ ■■ ■■■■■ ■■■■■ ■■■■ ■■■■■■■■■■ ■■■■■■ ■■■■■■ ■■■■ 3: ■■■■■ ■■■■■■■■■■ ■■ ■■■■■■■■■■■ ■■ ■■■■■■ ■■■■■ - ■■ ■■■■■■ ■■ ■■■■■■ ■■■■■ ■■ ■■ ■■■■■ ■■■■■ ■■■■ ■■■■■ ■■■■■■ ■■■■■ ■■■■■■ ■■■■ ■■ ■■■■■ ■■■■■ ■■■■■■■■■ ■■■■■ ■■■■ ■■■■ 4: ■■ ■■■■■■ ■■■■■■ - ■■■■■ ■■■■■■■■■■ ■■ ■■■■■■■■ ■■■■■ ■■ ■■■■ ■■■■■■■■■■■ ■■ ■■■■■ ■■■■■■ ■■ ■■■■■■ ■■■■■■ ■■■■ 5: ■■■■■■■ ■■■■■■■■■ ■■■■■■ - ■■■■ ■■■■■■ ■■ ■■■■■■■ ■■ ■■■■■ ■■■■■■■ ■■■■ ■■■■■ ■■■■■■■ ■■ ■■■■■ ■■■■ ■■ ■■■■■ ■■■■■■■■■ ■■ ■■■■■ ■■■■■ ■■■■ 6: ■■■■■■■■■■■■■■ ■■ ■■■■■■■■■ - ■■■■■ ■■■■■■ ■■ ■■■■■ ■■■■■ ■■■■■ ■■■■■ ■■ ■■■■■■■■■■■■■■■■ ■■■■■■■■■ ■■■■■■ ■■■■ 7: ■■■■■■■ ■■■■ ■■ ■■■■■■■■■■■■■■ ■■■■■ - ■■■■■ ■■■■■■■ ■■ ■■■■■■■■■■■ ■■■■■, ■■ ■■■■■ ■■■■ ■■■■■■ ■■ ■■■■■■ ■		
■■■■■■■ ■■ ■■■■■ **■■■■■■■■■■■ ■■■■■■ ■■ ■■■■, ■■■■■■■ ■■■■■ ■■ ■■■■■■■ ■■■■ ■■ ■■■■■ ■■■■■ ■■■■■■■■■■■■■ ■■■■ ■■■■■ ■■ ■■■■■■■■■■■■■■■■

[illegible] [illegible] [illegible]

2. **[illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]

3. **[illegible]: "[illegible]" [illegible] [illegible] [illegible]

[illegible]! **[1.5 [illegible] [illegible]]**

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

4. **[illegible]:** [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

5. **[illegible]

[illegible] [illegible] [illegible]:

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible]: [[illegible] 1 [illegible] [illegible] [illegible]] [illegible] [illegible] [illegible] [illegible]?
[illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

- **□□□□□□□ □□ □□□□□:** □□□□□ □□□□□ □□□□ □□□□ □□ □□□□ □□□□□□ □□ □□□□ □□□□□? □□ □□□□□□, □□□□□□□ □□ □□□□□□, □□□□□□□□□□, □□ □□□□□ □□ □□□□□□□ □□□□□?
- **□□□□□□□□□□ □□ □□□□:** □□ □□□□□□□□□□ □□□□ □□□□□ □□□□□ □□□□□ □□□□□□□ □□□□□ □□? □□ □□□□□ □□□□□ □□□□□ □□□□□ □□ □□□□□□□□ □□ □□□□□□ □□ □□□□?
- **□□□□□ □□ □□□□:** □□ □□□□□□ □□ □□□□□ □□□□□ □□□□□□□? □

[□□□□□□ □□□□□□□□□□ 1 □□ □□□□ □□□□□ □□□□ □□□□□ □□ □□ □□□□□ □□□□□□ □□ □□□□□□ □□□□ □□□□ □□□□, □□□□□□□□□□ 1 □□□□□□ □□ □□□□□ □□ - □□ □□□□ □□□□□ □□□□ □□ □□□□□□□□ □□□□□□ □□□□□ □□, □□□□ □□□□ □□□□]

□□... □□□□ □ □□!

□□□□□□ □□□□□ □□ □□□□□ □□ □□ □□ □□□□□ □□□□ □□□□□□□□

□□□□ □□□□□□□□□ □□□□□□ □□ □□ □□□□ □□□□□ □□□□□□□□, □□□□ □□□□ □□□□□ □□□□□

□□□□□ □□□□ □□□□□□ □□□□?

□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□ □□ □□□□, □□ □□□□□□□□ □□□□□□ □□ □□□□□ □□□□□ □□□□ □□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□ □□□□□ □□□□□□ □□□□□ □□□□ □□□□□□ □□□□□ □□□□□ □□□□ □□ □□□□□ □□□□□ □□, □□ □□□□□□□□ □□ □□□□ □□□□

[□□ □□□□□ □□□□□ □□□□, □□□□ □□ □□□□□□□□□□□□□□ □□□□□□ □□:]

□□□□□ □□□□: □□ □□□□□□□□□□ □□ □□□□□□□ □□□□, □□□□□□□ □□ **COMT** □□□□□□□□ □□ □□□□□ □□□□□□□□□ □□ □□□□□□ □□□□□ □□□□□ □□□□□□□ □□□□□□ □□□□□ □□ □□□□□ □□ □□ □□□□ □□□□ □□□□□ □□□□, □□□□□□ □□□□□□□□□ □□□□□ □□□□ □□ □□□□ □□□□□ □□ □□□□□□ □□ □□□□□□ □□ □□□□□

□□□□□ □□ □□ □□□□□ □□□□ □□□□

□□□□ □□ □□□□□ □□ □□□□□ □□□□□□□ □□□□ □□□□ □□□□□, "□□□□□ □□□□□□ □□□□ □□ □□□□□□□□ □□□□ □□ □□ □□□□ □□□□□ □□ □□ □□ □□□□□ □□□□ □□□□□ □□□□□□ □□□□ □□□□□ □□ □□ □□ □□ □□□□□□ □□□□□ □□□□□," □□ □□ □□□□□ □□□□□□□?

□□ □□□□□ □□□□□□/□□□□□□... **[□□□□□ □□□□□□□]**

(Translation note: This captures the hesitation and uncertainty expressed by the visitor, maintaining a natural and non-judgmental tone in Hindi.)

□□ □□□□□□ □□□□□□ □□□□

□□ □□□□□□ □□□□□ □□ □□□□□ □□□□?

(Aap musse mujhse kya le jaate hain?)

Explanation:

This translation captures the original meaning and tone, using natural Hindi phrasing. It directly asks what the visitor takes away from the interaction, maintaining a non-judgmental and facilitative approach.

□□□□□□ □□ □□ □□ □□□□□□ □□□□□□□□□ □□□□ □□□□□□□ □□□□ □□□□ □□□□□□ □□□□□□□□□ □□□□

[□□□□□□□□□□ 1 □□□□ □□□□□ □□□□ □□□□□□□□ □□ □□□□□□□ □□□□ □□□□□ □□□□□ □□□□]

□□□□□□□ □□□□□□□□□ □□□□

□□□□ 4 - □□□□□□□□□ 2 - □□□□□□□ □□□□ [□□□□□ 4 □□□□□]

□□ □□□□ □□□□, □□ □□□□□ □□□□□□□ □□ □□□□ □□□□□□□ □□ □□□□□□ □□□□□□□□□ □□□□□ □□□□ □□ □□□□□□□ □□□□□□□□ □□□□□ □□ □□□□ □□ □□□□□□ □□□□□□ □□□□□ □□ □□ □□□□□□□□□□□□ □□□□□ □□ □□ □□□□□ □□□□□ □□□□□□□ □□ □□□□□□□□□□ □□□□□, □□ □□□□□□ □□ □□□□□□□□□□□ □□□□□□, □□ □□□□□ □□□□□□□□□□ □□ □□□□□□□ □□ □□□□ □□ □□□□□□ □□□□□ □□□□□□□□ □□□□□ □□□□ □□□□ □□□□□ □□□□

- **□□□□□ □□□□□□□□□ □□ □□□□□□□□ □□□□□:** □□□□□ □□□□□□□□□ □□□□□□□ □□ □□□□□□ □□ □□□□□ □□□□□□ □□□□□ □□□□□□ □□□□? □□□□□ □□□□□□□□, □□□□□□□□□□ □□ □□□□□ □□ □□□□□□□□□ □□ □□□□ □□ □□□□□□□□□ □□□□□□

- **[illegible]:** [illegible], [illegible], [illegible], [illegible]-[illegible]
- **[illegible]:** [illegible], [illegible] ।

[[illegible] 2 [illegible] 2 [illegible] - [illegible], [illegible]]

[illegible]

[illegible]

[[illegible]] [illegible]

[illegible]? **(Aap kya kar rahe hain?)**

[illegible] - **[[illegible]]** [illegible]

[illegible]: [[illegible]] [illegible]: [illegible], [illegible]

[illegible]

[illegible]

[illegible]?

[illegible], [illegible] — [illegible]

[illegible]

[illegible]

(Unhi ānkhen khulti hain aur ve pehli baar sachme dēkhte hain.)

Explanation:

* "Do you?" translates to "[illegible]?" (Kya aap?) in Hindi, but the provided context suggests a non-literal, emotional moment.
* "looks up, first real look" implies a change in awareness and perspective. The chosen phrase captures this by using "[illegible]" (khulti hain aur ve pehli baar sachme dēkhte hain), meaning "their eyes open, and they look for real the first time."

[illegible] **[[illegible]]** [illegible]

[[illegible]. [illegible] 2 [illegible]]

[illegible]?

[illegible]

[[illegible], [illegible], [illegible]] [illegible]

[illegible] - [illegible] -

[illegible]: [illegible] [4 [illegible]]

[illegible], [illegible], [illegible] - [illegible], [illegible], [illegible]

[illegible]

- **[illegible]:** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]

[□□□□ 2 □□□□]

1. **□□□□ □□□□□□ □□ □□□□□□□: □□□□ □□□□ □□ □□□□, □□□□ □□□□□□ □□□□□□□□ □□ □□□□□□ □□□□□□□ □□ □□□ □□□□□ □□ □□ □□□□ □□ □□□□□□ □□□ □□□□□□ □□□□ □□, □□□□ □□□□□□ □□□□—□□□□ □□ □□ □□□□□, □□□□□□ □□ □□□□□, □□ □□□□□□ □□□□ □□□

2. **□□□□ □□□□□□□□ □□ □□□□□□ □□□□: □□□□ □□□□□□□□□□□□□□ □□□□□□ □□ □□□□□ □□ □□□□ □□□□□ □□□□ □□□□□ □□□, □□ □□ □□□□□ □□□□□ □□□□, □□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□ □□ □□□□□□ □□□□□ □□□□, □□□□ □□ □□□□ □□□□□□ □□ □□□□□ □□ □□□□□

3. **□□□□□□□□ □□ □□□□□□ □□□□: □□□□ □□□□□□□□□□□□□□ □□ □□□ □□□□□□ □□□ □□□□□□□□□□ □□ □□□□□□□□□□ □□ □□□□□□□ □□□□□ □□□□□ □□□□□□□ □□□□□□□, □□□□□□ □□□□ □□ □□□□□□□, □□ □□□□ □□□□□ □□□□□□□□□□ □□ □□□ □□□□□□ □□□□□□□□□□ □□□□□ □□ □□□□ □□□□

4. **□□ □□□□□ □□□□□: □□□□ □□□□□□□□□□□□□□ □□ □□□ □□ □□□□□□□□□□ □□□□□ □□□□□ □□□□□ □□□□□ □□□□ □□□□□ □□□□□□□□□, □□□□□□□□□□, □□ □□ □□□□

□□□ □□□□ □□ □□□□ - □□□ □□□□ □□ □□ □□□ □□?

□□□□□□□□□: □□□□ □□□□□□□□ □□ □□ □□□□□□ □□ □□ □□□□□□□□ □□□□□□□□ □□□

□□□□□□ □□□□□□: □□ □□□□□□ □□□□□□ □□□□□□□□ □□□□□□ □□□□□

□□ □□□□ □□□□ □□□□□□ □□□□□□ **(Recovery Kernel)** □□ □□□□ □□□ □□□□□ □□□ □□□ □□□□□, □□ □□ □□□□□□□ □□ □□□□□ □□□□□□-□□□□□□ □□□□□□□□ □□□□□ □□□ □□ □□□□ □□□□ □□ □□□□ □□□□□□□ □□ □□□□□□□□ □□ □□□□□□ □□□ □□□□□□ □□ □□□□□□□□□□ □□□□□□ □□□□ □□ □□□ □□□□□□□ □□□□ □□□ □□□

□□□:

1. **□□□□□□ □□□□□□□ □□□□□: □□ □□□□□□□□ □□ □□□□□ □□□□□□□ □□□□□, □□□□ □□□□□□□ □□□□ □□□□□□□ □□ □□□□ □□ □□□, □□□□□□ □□□□□□□ □□ □□□ □□ □□□□□□ □□ □□□□

2. **□□□□ □□□□□ □□□□ □□□□: □□□□ □□□□□□□, □□□, □□ □□□□□□□□ □□ □□□□□□ □□ □□□□ □□□ □□□□□ □□□ □□□□□ □□ □□□□□□ □□ □□□□□□□ □□ □□□□ □□ □□ □□□□□□ □□□□ □□□□□□□□ □□□□ □□□□ □□ □□□ □□□□□□□□□□□ □□ □□□□ □□□

3. **□□□□□□ □□□□□ □□ □□□□□□ □□□□: □□□□□□ □□ □□□□ □□□□□ □□□ □□□□□ □□ □□□□ □□□□□□□ □□ □□□□□□□ □□□□ □□ □□□□□□ □□□□ □□□□□□□ □□ □□□□□□ □□□□ □□ □□□□□□ □□□□ □□□ □□□ □□ □□□□ □□□

4. **□□□□□□ □□□□ □□□□:

□□□□□ □□: □□□□□ □□□□□□□□ □□ □□□□□ □□ □□□ □□□□ □□□ □□□□ □□□□ □□ □□□ □□□ □□□ □□□□ □□ □□□ □□□□□□□ □□□□□□ □□ □□□ □□□ □□ □□□□□□□ □□□□ □□□□ □□ □□□

□□□□□□ □□□□□□ **(Recovery Kernel) □□ □□□□□□□□□□□□□□**

□□ □□□□□□□□□□□□□ □□□□ □□□□□□ □□□□□□ **(RK)** □□ □□□ □□□ □□□□ □□□ □□□ □□□□□, □□ □□ □□□□□□-□□□□□□ □□□□□□□□ □□□□□□ □□□□□ □□□ **RK** □□□□ □□□□ □□□□□□ □□ □□ □□□ □□□ □□□□□□ □□ □□□□□□□□□□ □□□□□□ □□□□ □□ □□□ □□□□□□□ □□□□ □□□ □□□

□□□□□□□□□□ □□□:

1. **□□□□□□□□ □□ □□□□□□□: □□□□ □□□□□ □□ □□□□□□□□ □□ □□□□□□ □□ □□□□□□□ □□□□ □□ **RK** □□ □□□ □□□□ □□□□ □□ □□□□ □□□□□□ □□□□□□ □□□□□□□ □□□□□
2. **□□□□□□ □□□□□□□□□: □□□□ □□□□□□□□ □□ □□□□□□□□ □□ □□□□□□ □□□ □□□□ □□□ □□□□ □□□□ □□□□□□ □□ □□□□□ □□□□□

3. **□□□□□□□ □□□□□□□□ □□□□□□: □□□□□ □□□□□□□, □□□□□□□□, □□ □□□□□□□ □□□□□□□ □□ □□□□□□□ □□ □□□□□ □□□□□□□ □□□□ □□□□□□□ □□ □□□□□ □□□□□

□□□□□□□□□ □□ □□□□□□:

1. **□□□□□□□ □□□□□□□: **RK** □□□□ □□ □□□□ □□□□□□□ □□□□□□□ □□□□ □□□□ □□□□, □□ □□□□□ □□□□□□□ □□ □□□□□□□□ □□□□□□ □□ □□□□ □□ □□□□□□ □□□□□□□□
2. **□□□□□□□ □□ □□□□□□□□□: □□□□□□□□□ □□ □□

□□□□□ □□ □□□□ □□□□□□ □□□□ □□ □□□□□ □□□□□□?

□□□□□□□□□□ □□□□ □□□□ □□□□□ □□□□□ □□ □□□□ □□□□ □□□□□ □□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□ □□ □□□□ □□□□

□□□□□ □□□□□ □□□□□ □□□□ □□□□□?

□□□□□□ **[pause]** □□ □□□□□□□□□ □□□□□ □□□□□ □□□□□□ □□ □□ □□□□□, □□ □□ □□□□ □□□□□ □□□□

□□ □□ □□ □□□□ □□□□□ □□□□ □□□□ □□□□, □□ □□ □□□□□ □□□□□ □□□□?

□□□□ □□□□□□□ □□□□□ □□□□□ □□□□□□ □□□□ □□□□□□□ □□□□ □□□□□ □□□□

□□□□□□ □□□□ □□□□□□ □□ □□□□□□□ □□□□□□ □□□□□□ □□ □□ □□□□□ □□□□□□□□ □□□□□ □□ —

[□□□□□□]

□□□□□ □□□□ □□□□□□□□□□□□ □□□□□□□ □□□□ □□ □□ ***Recovery Kernel*** □□□□□□□□□□ □□ □□□□□□□ □□□□ □□□□□□ □□ □□□□□ □□□□:

1. **□□□□□ □□□□□□□□ □□ □□□□□ □□□□□ □□ □□□□ □□□□□□□□□□□□□ □□□□□:
   - □□□□□ □□ □□□□□ □□ □□□□□□ □□□□□ □□□□□?
   - □□□□□ □□□□□ □□□□ □□□□ □□□□□□□ □□ □□□□□□ □□ □□□□□□ □□□□□ □□□□□□□□□ □□□□□?

2. **□□□□□□□ □□ □□□□□□ □□□□:
   - □□□□□ □□ □□□□□ □□ □□□□ □□□□ □□□□□ □□□□□□□□ □□ □□□□□□□□ □□□□ □□□□□ □□□□□□ □□□□□□ □□□□?
   - □□□□□ □□ □□□□□□□ □□□□□□□□□□ □□□□ □□, □□□□□ □□□□□□□□□ □□□□ □□□□□ □□□□ □□□□□ □□?

3. **□□□□□□□□□□ □□ □□□□□□□□ □□ □□□□□□ □□□□□:
   - □□ □□□□□□□ □□□□ □□□□□ □□□□□□ □□□□ □□□□□□□ □□ □□□□ □□ □□□□□ □□□□□□□ □□□□□ □□□□ □□□□□?
   - □□□□ □□ □□□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□ □□□□□ □□ □□□□□□?

4. **□□□□□□□ □□□□□□□□ □□□□□□:
   - □□□□□ □□□□□□□ □□□□□□□□ □□□□ □□□□-□□□□ □□ □□□□ □□□□□□ □□□□ □□ □□ □□□□□ □□□□ □□□□□ □□□□□ □□□□?
   - □□□□□ □□□□□ □□□□ □□ □□□□□□□ □□□□□ □□□□ □□ □□□□□ □□□□□□□□□□□ □□ □□□□□ □□□□ □□□□□□□ □□ □□□□□ □□□□?

5. **□□□□□□

□□ □□□□□□□ □□ □□□□ □□□□, □□□□ □□□□□ □□□□□□□□□□□ □□□□ □□ □□□□□□□□□□□ □□ □□□□□□□ □□□□□□□□ □□ □□ □□□□□ □□□□ □□□□□□ □□□□□ □□□□

(Ek agantuk ke roop mein, main apne sangrahalay mein us pradranee ko joodhana chahoonga jo is natak mein shamil nahi tha.)

Explanation:

* **□□□□□□□ (agantuk):** Visitor
* **□□□□□ □□□□□□□□□□ (apne sangrahalay):** My museum
* **□□□□□□ □□□□□ □□ (shamil nahi tha):** Was not included
* **□□ □□□□□□□□□□ (us pradranee):** That exhibit
□□□□□: □□□□□ □□□□□ □□□□□□ □□ □□□□□□□□□ □□ □□□□□ □□□□ □□□□□ □□□□□□□?

□□ □□ □□□□ □□□□□□□ □□ □□□□ □□□□□□□□ □□ □□□□□□□ □□ □□□□ □□□ □□□□□□ □□□, □□ □□□□□ □□ □□□ □□□□□□□□□ □□□□ □□ □□ □□ □□□□ □□□□□□ □□ □□□□□□ □□□□□ □□□□□ □□ □□□□□□□ □□ □□□□□ □□□□□□□□□□ □□ □□□ □□□, □□ □□□□□□□□□□□ □□ □□ □□ □□□□ □□□□□□□□□□ □□ □□□□□-□□□□□ □□□□□ □□□□ □□ □□ □□ □□□□ □□□□□□□□ □□ □□□□□□ □□□□ □□□, □□□ □□ □□□□ □□□□□ □□ □□□ □□□□□ □ □□□

□□□□ □□□ □□□□□□□□□ □□ □□ □□□ □□ □□□ □□ □□□□ □□□:

- **□□□□□□ □□□□□:** □□□□ □□□□□□ □□ □□□□□□ □□ □□□□□ □□□□ □□□□□□ □□□□ □□□□ □□□□□□ □□ □□□□ □□□□□ □□□□□ □□□□
- **□□□□□□□□□□□ □□□□:** □□□□ □□□□□□ □□ □□□□ □□□□, □□□□□ □□□□□ □□ □□□□□ □□□□□□ □□ □□□,
"□□□□ □□□□ □□ □□ □□..." □□ "□□□□ □□□□□ □□ □□□□ □□□ □□□□□ □□□ □□□ □□□□ □□□..."
- **□□□□□□ □□□□□□ □□□□:** □□□□ □□□□□□□□ □□ □□□□□□□ □□□□ □□ □□□□□□ □□□□ □□□□□ □□ □□□ □□□□□ □□ □□□ □□□□□□□□□□□□ □□□□□
- **□□□□ □
□□□□□□□□: □□□ □□□□ □□ □□□□ □□□ - □□□□ □□□□, □□□□□ □□□□, □□□□□□□ □□□□?

□□ □□ □□□ □□□□ □□□, □□ □□ □□□□□ □□ □□□□□□□ □□ □□□ □□ □□□□ □□:

- **□□□□□□□:** □□□□ □□□□ □□ □□□□□□□ □□ □□□□ □□ □□□□□□□□ □□ □□□□□ □□ □□□□ □□, □□□□ □□ □□□□ □□□□□□□□ □□□ □□ □□□□□□□□ □□ □□□ □□□□
- **□□□□□ □□□□□:** □□□-□□□, □□□□□□ □□ □□□□□□□□□□ □□□□□□ □□ □□□□ □□, □□□□ □□□□ □□ □□□ □□□□□ □□ □□□□□□□ □□ □□□□□ □□□ □□□□ □□□
- **□□□□□□:** □□ □□□□ □□□□□ □□ □□□□□□ □□ □□□ □□□□□ □□ □□□□ □□□, □□□□ □□□ □□ □□□ □□ □□ □□□□ □□ □□□□□□ □□□□□ □□ □□□□ □□□ □□□
- **□□□□□□□□:** □□□ □□□□□ □□ □□□, □□ □□ □□□□□□□□ □□□□□ □□ □□□□ □□, □□□□□ □□□ □□ □□□□□ □□□ □□ □□□□ □□□□□□□□□□□ □□ □□□□□□□ □□□□ □□□□
- **□□:** □□□ □□ □□□□□ □□ □□□□□□□□□□ □□□□□ □□□□ □□□, □□ □□□□□□ □□ □□ □□□□□ □□ □□□□□□□ □□ □□□□□ □□ □□□□ □□□

□□ □□□□□□□ □□ □□□□□□□ □□ □□□ □□□-□□□ □□ □□□□ □□□, □□ □□ □□□□□ □□□□□□□□□□ □□ □□ □□□□□□ □□ □□□

□□□□ □□□□□ □□ □□□□□□□□ □□ □□□□□□□□□ □□ □□ □□□□ □□□□ □□□□□□□?

(Aapke swayam ke vikalpone ke sangrahalay se aap kya lena chahenge?)

[illegible]: [illegible]

[illegible]

[illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [

1. □□□□□□□□□ □□ □□□□□□□□□:
- □□□□ □□ □□ □□□□□□□□ □□□□: □□ □□□□ □□□ □□□ □□□□ □□□ □□ □□ □□ □□□□□□□□ □□ □□□□ □□□□□□□□□ □□ □□□□□□□
- □□□□□□□□□ □□□□□□□: □□□□□□ □□ □□□□□□□□ □□□□□□□ □□□□ □□ □□□□ □□ □□ □□□□ □□□ □□ □□□□□ □□ □□□□□□□□□□ □□ □□□□ □□□ □□□□□ □□□

2. □□□□□□ □□□□□□□

□□□□□□ □□□ □□□ □□□ □□□□ □□□□□□ □□□□□ □□ □□□ □□□ □□□ □□□ □□□□ □□ □□□□□□□ □□□ □□ □□ □□ □□ □□ □□, □□□□ □□□ □□□ □□□□□□ □□□□ □□□ □□□□□ □□ □□□□ □□□□ □□□

□□□□□□ □□□□ (Recovery Kernel) □□ □□□□□ □□□□ □□□, □□□ □□ □□□□□□□ □□□□□□□□□□ □□□ □□□□ □□□ □□□□ □□ □□□ □□ □□□□ □□□□□□□□□□ □□ □□□□□ □□□ □□ □□□□□□□□ □□□ □□ □□□□□□□□□□ □□□□ □□□ □□□ □□ □□□□ □□□: 1. **□□□ □□□□ □□□□□□□□□□ □□□□□**: □□□□□□□□ □□□ □□ □□□□□□□ □□ □□□ □□ □□□□□□□□□□ □□□ □□□□ □□□□□□□□□□ □□□□□ □□ □□□□ □□□□□ □□□□□□□□□ □□□□ □□ □□□□□□□□□□ □□ □□□ □□ □□□□ □□□□ □□□ □□□ □□□□□□□ 2. **□□□□□□□□□□□□□ □□ □□□□□**: □□□□□□□□□□□ □□□□□□□□ □□ □□□□ □□□□ □□□□□ □□ □□□□□□□□□□ □□□□ □□ □□ □□ □□□□□□□□ □□ □□□□□ □□□□□□□□□ □□□□ □□□ □□ □□□□ □□□□	□□ □□□□

□□□□□□□ □□□□□□ □□□□ □□ □□□□□ □□□□□□□□□□ □□ □□□□□□□ □□□□□ 3. **□□□□□□ □□□□**: □□□□□□□ □□□□□□□ □□ □□□□□ □□□□□□ □□□□□ □□ □□□□□ □□□□□□ □□ □□□□□□ □□□□□ □□ □□□□□ □□ □□ □□□□□ □□□□ □□□□ □□□□□□□ □□□□□□, □□□□□□ □□ □□□□□□ □□ □□□□□ □□□□□□□□□□ □□ □□□□ □ □□□□□□ 4. **□□□□-□□□□□□□□□**: □□ □□□□□ □□ □□□□□□ □□ □□□□□□ □□□□□ □□□□ □□ □□□□□□□□ □□□□□□ □□ □□□□□ □□□□□□□□□□ □□□□ □□□□ □□□□□□ □□ □□□□ □□ □□□□□□ □□□□□ □	
□□□□□□□ □□□□□ (Recovery Kernel) □□ □□□□□□□: 1. **□□□□□□□ □□□□□□□□ □□□□□□ (Create a Support Network):** □□□□□ □□-□□□ □□□□ □□□□□□ □□ □□□□□□ □□□□□ □□ □□□□□ □□□□□□□ □□ □□□□□□ □□□□ □□ □□□□□ □□□□□□□ □□□□□ □□□□□ □□ □□□□□□□, □□□□□□, □□□□□□□□□, □□ □□□□□□□ □□□□□ □□ □□□□□□ □□ □□□□□ □□□□□ 2. **□□□□□ □□□□□□ □□□□□ □□□□□ (Share Your Story):** □□□□□ □□□□□□□□ □□ □□□□□□□□□□ □□ □□□□□ □□□□ □□□□□□ □□□□ □□□□□ □□ □□□□□ □□□□ □□ □□□□□□□□□□ □□□□ □□□□□ □□□□ □□ □□□□□ □□□□□□ □□□□ □□□□□ □□ □□ □□ □□□□□□ □□□□□ □□□□□ 3. **□□□□□□□ □□□□□□ □□□□□□□ (Adopt Healthy Habits):** □□□□□□□ □□□□□□□□□, □□□□□□□□□ □□□□□, □□ □□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□ □□ □□□□□□□ □□□□□□□□□□□ □□ □□□□ □□□□□□□□□□□ □□□□□ □□ □□□□□□ □□□□□ □□ □□	□□ □□□□ □□□□□, □□□□□□□□, □□□□□□□ □□□□□□, □□□□, □□ □□□□□□ □□□□□□

□□□□ □□ □□□□ □□□□□ □□□□□□ □□ □□□□□□ □□□□ □□□ □□□ □□ □□□□ □□□□ 4. **□□□□□□□□□□□□ □□□□□□□ □□□□□□ (Cognitive Behavioral Therapy - CBT) □□ □□□□□□ □□□□:** CBT □□□□ □□□□□□□□□ □□□ □□ □□□□□□□□□ □□ □□□□□□□ □□ □□□□□ □□□ □□□ □□ □□□□ □□□□ □□□□□□□□□ □□ □□□□□□ □□□□□□ □□ □□□□□□□□□ □□ □□□□□ □□□□ □□□ □□□□□ □□□ □□□□ □□□□ 5. **□□□□□ □□ □□□	
□□□ □□□: □□□□□□ □□□□□□ □□ □□□□□□-□□□□□□ □□□□□□ □□□□□□ □□□□□ □□ □□ □□□□□ □□ □□□□ □□□ □□ □□ □□ □□□□□ □□ □□□□□□, □□□□□□□ □□□□ □□□□ □□□ □□□ □□□□ □□ □□□ □□□□□□□ □□□□ □□□ □□□ □□ □□ □□□□□ □□ □□□-□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□ □□, □□□□□ □□□□□□□ □□□□ □□ □□ □□□ □□□□□ □□□ □□□□ □□□ □□ □□□□ □□□□□□□ □□□□□ □□ □□□□□ □□ □□□□□ □□□□□□□□ □□□□□ □□ □□□□□ □□□□□ □□ □□□□□□ □□□□ □□□□□□ □□□□□□ □□ □□□□□□□□ □□□□ □□ □□□□ □□□□□□ □□□□□□ □□□□ □□□ □□ □□□□□ □□□ □□ □□□□□□ □□ □□□□□□□□□□ □□ □□□□□ □□□□□□ □□, □□□□□□ □□ □□□□□ □□ □□□□□ □□□□□□□□□□ □□□□□□□□□□ □□ □□ □□□□□□□□ □□□□□□□□ □□ □□□□□□□□ □□□□□□□□□□□□ □□ □□□□□□□□□□ □□ □□□□□□□□ □□□□□ □□□	**□□ □□□□ □□ □□ □□ □□□□□ □□□□** □□□□□□ □□□□□□ □□□□□□ □□□□□ □□ □□□□□□ □□, □□ □□□□□ "□□ □□□□ □□" □□ □□□□□□□□□□ □□□□□ □□□□ □□□□□□ □□□□□ □□ □□□□ □□□□□□□□□□ □□, □□ □□□□□□ □□□□□□, □□□□□□□□, □□ □□□□□□□□ □□ □□□□□□□ □□, □□ "□□ □□□□ □□□□" □□ □□□□□ □□□□□ □□□□□ □□□□□□ □□□□□ □□ □□□□□□□□ □□□□ □□□□ □□□□ □□□□□ □□ □□□□□ □□□□□□ □□, □□ □□□□□□ □□□□□□□□□□ □□□□□□ □□ □□□□□□□□□□□□ □□ □□□□ □□ □□□□□ □□□□ □□ □□□□□□□□□□ □□□□, □□ □□□□□ □□□□□ □□□□ □□ □□ □□□□□ □□□□ □□ □□□□□□□□ □□ □□□□□ □□□□□ □□ □□□□ □□□□□□□ □□ □□□□□ □□□□□ □□ □□□□-□□□□□□□□□ □□ □□□□□□□ □□□□□□□□□□□□ □□ □□□□ □□ □□□□□ □□□□□ □□□□ □□□□□ □□□□□□ □□ □□□□□□□□ □□□□□ □□ □□□□□ □□□□□□ □□□□ □□ □□□□ □□□□□□ □□□□□□□□□□□□ □□□□ □□ □□□□□ □□□□□□□□ □□ □□□□ □□□□ □□ □□□□□□□□□ □□ □□□□□□□□□□□ □□□□□□ □□ □□ □□□□□ □□□□ □□□□□ □□□□□ □□□□□ □□ □□□□□□□□□□□ □□ □□□□□□□□ □□□□□ □□□□□□, □□ □□□□□□ □□□□□□ □□ □□□□ □□□□□ □□ □□□□□□ □□□□□ □□ □□□□□, □□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□ □□□□□□ □□□□

[illegible] [illegible] [illegible] [illegible]: 1. **[illegible] [illegible]:** [illegible] [illegible] [illegible]

[illegible]	

[illegible]:

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 5		
[illegible] [illegible] [illegible] **[illegible] [illegible]:** - [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [

(Recovery Kernel) - □□ □□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□** □□ □□□□□□□□ □□ □□□□□□ □□□□□ □□□□□ □□□□□□□□ □□ □□□□□□□□ □□ □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□ □□ □□□□□□□□□□□□ □□□□□ □□, □□□□□ □□□□ □□□□□ □□□□□□□ □□ □□□□ □□ □□□□□□□□□□ □□□□ □□ □□□□□□ □□ □□□□□ □□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□ □□: 1. **□□□□□□□□□□□ □□□□□□:** □□ □□□□ □□□□ □□□□□□ □□□□□ □□□□□□□ □□ □□□□ □□□□□□□□□□ □□ □□□□□□□□ □□, □□□□□ □□ □□□□□ □□□□□ □□ □□□□□ □□□□□□□□□□ □□□□□ □□ □□□□ □□□□□□□□□□□ □□□□□□□ 2. **□□□□□□□ □□ □□□□□□□□□:** □□□□□□ □□ □□ □□□□□□ □□ □□□□□□□ □□□□□□□ □□□□□□□ □□□□□□, □□□□□□ □□□□ □□ □□□□□□ □□□□ □□□□□□□□□□□ □□□□□ □□□□□ □□□□□□□ □□ □□□□□□□□□□□□□□□ □□ □□□□□□, □□□□□ □□□□□□□ □□□□□ □□ □□□□□□□□□□ □□□□□□ □□ □□□□□□□□□□ □□ □□ □□ □□□□□□□□□□ □□□□□ □□□□ □□□□ □□ □□□□□ □□□□□ 3. **□□□□ □□□□□□□□:** □□□□□ □□ □□□□ □□ □□□□ □□□□□ □□□□□□□□□□□ □□□□□ □□ □□□□□□□□□□□ □□□□□ □□ □□ □□ □□□□□□□ □□□□ □□ □□□□□ □□□□□ 4. **□□□□□□□□ □□□□□□□□□□□□:** □□□□□□ □□ □	□□□□ □□□□ □□ □□□□ □□□□□ □□□□□ □□□□ (□□ □□□□□□ □□ □□ □□ □□□□□ □□), □□□□□ □□ □□□□ □□ □□□□□ □□□□□ □□□□□□	□□□□□□ □□□□□□□ □□ □□□□□ □□□□□□□ □□ □□□□ □□□□□□□ □□□□□ □□□□
□□□□□□□ □□□□□□	□□ □□ □□ □□□□□□□ □□ □□□□□□□ □□, □□□□□ □□□□□ □□□□ □□□□□ □□□□□ □□ □□□□ □□ □□□□□ □□□□□ □□ □□ □□□□□□□, □□□□□□□□ □□□□□□□ □□ □□□□□□□□ □□□□□ □□ □□□□□ □□□□ □□□□□□□□, □□□□□ □□□□□□□□ □□□□□□ □□ □□□□□□□□□□□□ □□ □□ □□□□□□ □□ □□□□ □□□□□ □□□□ □□ □□□□□□□□ □□□□□	□□□□ □□ □□□□□□ □□□□□□ □□ □□□□□□ □□□□□ □□ □□ □□□□ □□□□□□□□□□□ □□ □□□□ |

	[illegible] [illegible], [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible]

[[[1: [[[[[[[[[[[[[[[2 [[[[[]]]

- [[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[
- [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[
- [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[—[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[, [[[[[[[[[[[[[[[[[[
- [[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[
- [[[[[-[[[[[[[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[
- [[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[
- [[[[[[[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[[

[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[]

[[[[[[[[: [[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[]] [[[[[[[! [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[!

[[[[[[[[: [[[[[[[[[[[[[[[[[[[[[[

[[[[[[[[: [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[]] [[[[, [[[[[! [[[[[[[[[[[!

[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[ ]

[[[[[[[[([[[[[[[[]): [[[[[[[[[[[[[[[[[]] [[[[[[[[[[[[[

[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[ ]

[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[?

[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[

[[[[[[[[: [[[[[[[[[[[[[[[[[[[[[ ]] [[, [[[[[[[[[[[[[[[[[[[[[[[[[[[, [[, [[[[[[[[[[[[[[[[[[[?

[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[. [[[[[[[[[[[[[[[[[[[[[[[[[[[[[.]

[[[[[[[[: [[[[[[[[[[, [[[[[[[[[[]] [[[[[[[[[[[[[[[[[[]] [[[[[[[[[[[[[[[[[[[[[[[[[[[[[

[[[[[[[[[[[[[: [[[[[[[[[[[[[[[

[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[:

1. **[[[[[[[[[[[[[[[[[[**: [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[, "[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[["

2. **[[[[[[[[[[[[[[[[[[[[[[**: [[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[, [[[[[[[[[[[[[[[[

3. **[[[[[[[[[[[[[**: [[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[

4. **[[[[[[[[[[[[[[[[[[[[[[[**: [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[[, [[[[[[[[[[[[[[

[[[2: [[[[[[[[[[[[[[[[[[[[[[[[[[[[[[2 [[[[[]]

- **[illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

- **[illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

5. **

[illegible] **3:** [illegible] [illegible] [illegible] [illegible] **([** [illegible] **3** [illegible]**])**

[[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**]**

- [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□ □□□□□□□□□□ □□□□□ □□□ □□□□□□□ □□ □□□□□□□ □□ □□□□ □□□:

1. **□□□□ □□□□□□□ □□ □□□□□□ □□□□:** □□□□ □□□□□□□ □□ □□□□ □□□□□ □□□□□□□ □□ □□□□ □□□ □□□□□ □□□ □□□□□ □□ □□□□□□□ □□□□ □□□□□□□□□□ □□ □□ □□ □□□□ □□□□□ □□ □□□ □□□ □□ □□□□□□

2. **□□□□□ □□ □□□□□:** □□-□□□□□ □□ □□□□ □□□□□ □□□ □□□□□ □□ □□□□□□ □□□□ □□□□ □□ □□□□□□□□□ □□ □□□□□□□ □□ □□□□ □□□□□□□ □□ □□□□□□ □□□□□

3. **□□□□□□ □□□□□□ □□□□:** □□-□□□□□ □□ □□□□□□ □□□□ □□ □□□□ □□ □□□ □□□ □□-□□□□□ □□ □□□ □□□□ □□ □□□□□□ □□ □□□□□ □□□□□ □□ □□□□□□□□□□ □□□□ □□ □□□□ □□□□ □□□□□ □□ □□ □□ □□□□□ □□□□ □□□

4. **□□□□□□□□ □□ □□□:** □□□□□□□ □□□□□□ □□□□□□□, □□□□□□□□□□, □□ □□□□□□ □□□□□□ □□ □□□□ □□□ □□□□□ □□□□ □□ □□□□ □□□ □□ □□□□ □□□□

5. **□□□□□□□□□□□ □□ □□□□□□:** □□□□□□□□□□□ □□ □□□□ □□ □□□□□□ □□ □□□□□

[□□ □□□ □□□□ □□ □□□□□□ □□□□□, □□□□□□ □□ □□□□□ □□□ □□ □□□]

□□□□□□ □□□□□, □□□ □□□□□ □□□ □□□ □□□□ □□□?

□□ □□□□□: □□□ □□□□□□

□□□□□□ □□□□□: □□□ □□□ □□? □□□□□□ □□□?

□□ □□□□□: □□□□ □□□□□□ □□□□

□□□□□□ □□□□□: □□□□□□□ □□□□ □□ — □□□ □□□□ □□□□□□ □□□□□

□□□ □□□□ □□□□ □□□□ □□□ □□□ □□□□ □□□

□□□ □□□□□ □□□□ □□□ □□□□ □□... (mân jānatā haiñ, tum pūre thē...)

Here's a breakdown of the translation choices:

*** *□□□ □□□□□ □□□** (main jānatā haiñ): This directly translates "I know" with a natural flow in Hindi.**
*** *□□□ □□□□ □□** (tum pūre thē): "You were full" is rendered idiomatically, preserving the intended meaning while sounding natural to a native speaker. The word "□□□□" (pūre) suggests both physical and emotional fullness.**

□□□ □□□ □□□ □□ □□□ □□□ □□ □□ □□□□□□□□ □□□□ □□□

□□□□□□ □□□□□: [□□□□ □□□□□□] □□□ □□□□□□□□ □□□□ □□□□ □□ □□□ □□□□ □□□□

□□ □□□□□: **[□□□□□□□]** □□□□ □□ □□□□ □□□ □□□□□ □□□ □□□ □□□□ □□□□□ □□□ □□ □□□ □□ □□□□ □□□ □□□□ □□ □□□□ □□□□ □□□ □□□□ □□□

□□□□□□ □□□□□: □□□□ □□□□ □□□ □□□□ □□? □□□□ □□□ □□□ □□□□ □□?

□□ □□□□□: **[□□□□□□□□]** □□□□ □□ □□□□□ □□□ □□ □□□□□ □□□□ □□ □□□ □□□ □□□ □□□□ □□□□ □□□□ □□ □□□ □□□□□□ □□□ □□ □□ □□□ □□ □□□ □□□ □□ □□□ □□□□

[□□□□□□ □□□□□ □□ □□□□□□□□□□ □□□□ □□□ □□□ □□□□□ □□ - □□□□ □□□, □□□□□ □□□]

□□□□□ □□ □ □□□□□ □□ □□□□□□□□□□ □□ □ □□□□□ □□□ □□□□□

****□□□□□ □□□: □□□□□□ (5 □□□□)****

□□ □□ □□□□ □□□□□□ □□ □□ □□□ □□ □□□□ □□□ □□□, □□ □□□ □□□□ □□ □□ □□ □□□□□□□□□ □□, □□ □□ □□□ □□ □□□□□□ □□□□ □□□ □□□

1. **□□□□□□□ □□□□ □□ □□□□□:** □□□□ □□□□□□□ □□ □□□□□□□ □□□□—□□□□ □□ □□□□□ □□

[illegible] [illegible] a [illegible] to [illegible] [illegible] to [illegible] [illegible] [illegible] to to to [illegible] [illegible] [illegible] to [illegible] [illegible]

2. **[illegible] [illegible] [illegible] to [illegible] [illegible]: [illegible] [illegible] to to [illegible] [illegible]— [illegible], [illegible], [illegible] [illegible], to [illegible] [illegible] [illegible] to [illegible] [illegible] to to [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] to to [illegible] [illegible] to [illegible]

3. **[illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], to [illegible] [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible] to [illegible] [illegible] to [illegible] to [illegible] [illegible] [illegible]

4. **[illegible] to [illegible] [illegible] [illegible] to [illegible] [illegible]: to [illegible] to [illegible] [illegible] [illegible] to, [illegible] [illegible]—[illegible] to [illegible] [illegible] [illegible], to

---

[illegible] 5 - [illegible]

[[illegible] 2 [illegible]]

- **[illegible] to to [illegible] [illegible]:** to [illegible] to [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] to to [illegible] [illegible] to [illegible] [illegible]

- **[illegible] [illegible] to [illegible] [illegible]:** [illegible] [illegible] [illegible] to [illegible] [illegible] to [illegible] to [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] to to to [illegible] [illegible] [illegible]

- **[illegible] [illegible] to [illegible]:** [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible]

- **[illegible] to [illegible]:** "[illegible] [illegible] [illegible] [illegible] [illegible]?" to "to [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?" [illegible] [illegible] [illegible] to [illegible] to [illegible] [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible]

- **to [illegible] [illegible] [illegible]:** [illegible] [illegible] to [illegible] to [illegible] to [illegible] [illegible], to [illegible] [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible] [illegible] to to [illegible] [illegible]

[[illegible] [illegible] [illegible] to [illegible] to [illegible] [illegible] [illegible] to to to [illegible] [illegible] [illegible] [illegible] [illegible] to to [illegible] [illegible] [illegible] - to to [illegible]]

[[illegible] [illegible]] to to...

to [illegible]: **[[illegible] [illegible] [illegible] [illegible] to to [illegible] to]** [illegible]

to [illegible] [illegible] [illegible]— **[[illegible]]**

[illegible] [illegible] [illegible] to [illegible] [illegible] to to to [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible] [illegible] to [illegible]

[illegible] to [illegible] [illegible] to?

to [illegible]: **[to [illegible] [illegible] - [illegible] [illegible]]** [illegible] [illegible] [illegible] [illegible]
[[illegible] [illegible] [illegible] [illegible] [illegible] to [illegible] [illegible] [illegible] [illegible] [illegible]]

[illegible] to to [illegible] [illegible] [illegible] [illegible] - to [illegible] to [illegible] [illegible] [illegible]

[□□□ 6: □□□□□□□ [□□□□□ 3 □□□□□]

[□□□□□□□□□□ □□□□□□□ □□ □□□□□□□ □□□□□ □□□□□□□□ □□ □□□□□ □□□□]

□□□□□□□□□: □□ □□ □□ □□□□□□□□□□□ □□□□ □□□□□ □□□□□ □□ □□□□ □□□□ - □□□□□□ □□□□□□□ □□ □□□□□□ □□□□□□□, □□ □□□□□ □□□□□□□□□ □□ □□ □□ □□□□□□□ □□ □□ □□□□ □□□□□□□ □□ □□□□□ □□ □□□□□ □□ □□□□□□□ □□□□□ □□ □□□□ □□□□

[□□ □□□□□, □□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□ □□□□□ □□□□□ □□]

□□□□□□□□□ (□□□□□): □□ □□□□ □□ □□□□□ □□□□□□□ □□ □□□□□□ □□□□□ □□□□ □□□□□ □□, □□ □□ □□ □□□□□□ □□□□□□□□□□□ □□ □□ □□ □□ □□□□□□ □□ □□□□□ □□□□□ □□□□□ □□□□□ □□□□ □□□□□, □□□□□□□□□ □□ □□□□ □□□□□□□□□□ □□, □□ □□□□□ □□□□□ □□□□□□□□□ □□ □□□□□□ □□□□□ □□ □□□□□ □□□□□□ □□□□□ □□□□□□□

[□□□□□□□□□□ □□-□□□□□□ □□ □□ □□□□□□□ □□□□, □□□□□□ □□□□ □□□□□□ □□□□□□ □□□□]

□□□□□□□□□: □□ □□ □□ □□□□□ □□ □□□□□ □□□□□□□ □□□□, □□ □□ □□-□□□□□□ □□ □□□□□□□ □□□□□ □□□□□ □□□□□□□□ □□□□ □□□□□, □□ □□□□□□ □□□□□ □□□□□ □□□□□□ □□□□□□□ □□□□□□ □□□□□ □□□□ □□, □□ □□ □□□□ □□ □□□□ □□□□ □□□□□ □□□□□

[

□□□□□□□□□: **[□□□□□□□□ □□ □□□□□]** □□□□□ □□□□□ □□□□□□□□ □□ □□□□ □□□□□□□□□

□□□□□□□: **[□□□□□□]** □□□□ □□ □□□□ □□? □□□□□ □□?

□□□□□□□□□: □□□□□ □□ □□□□□

□□□□□□□: **[□□□□□□□□□□, □□□□□□ □□□□□□□□□ □□ □□□□□ □□□□]** □□□□ □□□□ □□?

□□ □□□□□□: **[□□□□□□□□□ □□□□□]** □□□□□ □□□□□ □□□□□ □□ □□ □□□□□□□□□

□□□□ □□□□ □□□□ □□ □□□□ □□□□

□□□□□ □□ □□□□ □□ □□□□□ □□□□

[□□ □□□□ □□□□□ □□□□□ □□□□ □□□□□ □□□□□□ □□□□□ □□□□□ □□ □□□□ □□, □□□□□□ □□□□□□ □□□□□ □□□□ □□□□□□□□ □□, □□ □□□□ □□□□□ □□□□□□□ □□□□□□ □□ □□ □□□□□□ □□□□□]

□□ □□□□□□ (□□□□□□□□): **[□□□□□□ □□]** □□□□ □□□□□ □□ □□□□□ □□, □□□□ □□□□□□

[□□□□□□ □□□□□□□ □□ □□□□□□ □□□□ □□ □□□□ □□□□□ □□ □□□□□□ □□□□ □□□□□-□□□□□ □□□□□ □□□□ □□□□□□□ □□□□]

[□□□□ (THE GHOST) □□ □□□□□□□□ (THE NEWCOMER) □□□□□ □□□□□□□ □□□□□ □□□□□□□ □□□□□ □□□□□ □□□□□ □□□□□ □□□□]

— □□ □□□□ □□□□□□ □□□□ □□□□ □□ — □□□□□□ □□□□□ □□□□□□ □□□□□□ □□ —

[□□□□□□]

□□□□□ □□□□ □□□□□□□□□□□ □□□□□□□ □□□□ □□ □□ □□ ***Recovery Kernel*** □□□□□□□□□□ □□ □□□□□□□ □□□□ □□□□□□ □□ □□□□□ □□□□:

1. **□□□□□ □□□□□□□□ □□ □□□□□ □□□□□ □□ □□□□ □□□□□□□□□□□□□ □□□□□:** "□□□□□ □□ □□□□□□□ □□□□ □□□□ □□□□□□□□□□ □□ □□□□ □□ □□□□□□ □□□□□? □□□□□ □□□□□□□□ □□ □□□□ □□□□□ □□□□□□□□□ □□□□□ □□□□□ □□ □□ □□-□□□□□□ □□ □□□□□□ □□ □□□□□□□ □□□□□ □□□□ □□□□ □□ □□□□□ □□□□□"

2. **□□□□□□□ □□ □□□□□□□□□□□□□ □□□□□:** "□□□□□ □□ □□□□□□□□ □□ □□□□□□ □□□□□ □□□□□□□□□ □□ □□□□□ □□□□□□□□ □□□□□? □□□□□ □□□□□ □□□□ □□□□ □□□□□□ □□□□□□□ □□ □□□□□□ □□ □□□□□□ □□□□□ □□□□ □□□? □□□□□ □□□□□□□□ □□ □□□□□ □□ □□□□□□ □□ □□□□□□ □□□□□□"

3. **□□□□□□□ □□□□□□□□ □□□□□□:** "□□□□□□ □□□□ □□ □□□□□□ □□□□□□□ □□□□□□□□ □□ □□ □□□□□ □□□□

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]"

4. **[illegible] [illegible] [illegible]:** "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible]: [illegible]

[illegible] 1: [illegible]
- **[illegible]:** [illegible]
- **[illegible]:** [illegible]
- **[illegible]:** [illegible]

[illegible] 2: [illegible]
- **[illegible]:** [illegible]

[illegible]

[illegible]

1. **[illegible]:** [illegible]

2. **[illegible]:** [illegible]

3. **[illegible]:** [illegible]

4. **[illegible]:** [illegible], [illegible], [illegible], [illegible] [illegible]

5. **[illegible]:** [illegible], [illegible]

[illegible]

[illegible] (Recovery Kernel) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: - **[illegible] [illegible] [illegible]:** [illegible] [illegible] [illegible] [illegible], [illegible]	[illegible]

□□□□□ □□□□□□□□□□ □□ □□ □□ □□□□□ □□□□□ □□□□ □□□□ □□□□ □□□□ □□□ □□ □□□ □□ □□□ □□□□□□□□□ □□□□□ □□? □□□□ □□□□ □□□ □□ □□□□□□ □□□□□□□ □□? □□□□ □□□□□□ □□ □□□□□□□ □□□□□□□□□ □□□□□ - **□□□ □□□□□□□□□ □□□□ □□ □□□□ □□□ □□□ □□□:** □□□□□□ □□□□ □□ □□□□ □□□□ □□□ □□□ □□ □□□□ □□, □□□□□ □□ □□□ □□□ □□□□□ □□ □□ □□□□□□ □□□□□□ □□ □□□□□ □□ □□ □□□□□□, □□□□□, □□ □□□□ □□ □□□□ □□□ □□ □□□□ □□□ □□□□□ □□□□□□ □□ □□□□ □□□□□□□□□	
□□□□□□ □□□□ (Recovery Kernel) □□ □□□□□□: 1. **□□□□□□ □□□□□□□ □□□□□ (Create a Support Network):** □□□□ □□-□□□ □□□ □□□□□ □□ □□□□□ □□□□ □□ □□□□ □□□□□□ □□ □□□□□ □□□ □□ □□□□ □□□□□□ □□□□ □□□□ □□ □□□□□□, □□□□□, □□□□□□□, □□ □□□□□□ □□□□ □□ □□□□□ □□□□ □□□□ 2. **□□□□ □□□□□ □□□□ □□□□ (Share Your Story):** □□□□ □□□□□□□ □□ □□□□□□□□□ □□ □□□□ □□□ □□□□□ □□□ □□□□ □□ □□□□ □□□ □□ □□□□□□□□□ □□□ □□□□ □□□ □□ □□□□ □□□□□ □□□ □□□□ □□ □□ □□ □□□□□ □□□□ □□□□ 3. **□□□□□□ □□□□□ □□□□□□ (Adopt Healthy Habits):** □□□□□□ □□□□□□□, □□□□□□□ □□□□, □□ □□□□□□□□ □□□□ □□□□ □□□□□□ □□□□□□□□□ □□ □□□	□□□ - □□□□□ □, □□□□□ □□, □□□□□ (□□□ □□□□□ □□□□ □□□□ □□)

[illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]	
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (**[illegible] [illegible] [illegible] [illegible] [illegible] [

□□□□:	□□□□□□/□□□□□□□□□□□□ □□□□□□□□	□□ □□□□ □□ □□□□ □□ □□□□□ □□□□□□ □□□□□□? □□ □□ □□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□ □□, □□□□□ **□□□□□□□ □□□□□** **(Recovery Kernel)** □□ □□□□ □□ □□□□□ □□□□□ □□□□ □□ □□ □□□□□□ □□ □□□□ □□□□□□□□ □□□□□ □□□□ □□ □□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□ □□□□□ □□□□ □□□□ □□ □□□□□ □□□□□□ □□ □□□□□□□ □□ □□□□□□□ □□ □□□□□□□□□□□□ □□□□□□ □□□□□
		□□ □□□□□ □□□□ □□ □□□□□□□ □□ □□□□□ □□ □□□□□ □□□□□□ □□□□□□ □□□□ □□ □□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□ □□□□□□□□ □□ □□□□□□□□□□□□ □□□□□□ □□□□□
		□□ □□□□□□ □□□□ □□ □□□□□□□ □□ □□□□□ □□ □□□□□ □□: **-** □□□□□□□ □□□□□□□ □□ □□□□□□□ □□□□□□□□□ □□ □□□□□□ □□ □□□□□□ □□□□□□□ □□ □□□□□ □□ □□□□ □□□□□ **-** □□□□□ □□□□□□ □□ □□□□□ □□□□□ □□ □□□□□□□ □□□□□ □□□□□ □□□□□□□ □□□□ □□□□ □□□□□□ □□□□□ **-** □□ □□□□□□□□□□ □□ □□□□-□□□□□□□□□□ □□□□□□□□ □□□□ □□□□□ □□□□□□□□ □□ □□□□□ □□□□□ □□□□□□ □□□□□ **-** □□□□□ □□□□□□ □□ □□□□□□□ □□□□ □□ □□□□□□□□□□□□ □□□□□□□□□□ □□ □□□□□□□ □□□□□ □□□□□
1. **□□□□□□ □□ □□□□□□: □□□□□□ □□ □□□□□□□□ □□ □□□□□□□□□□ □□ □□□□□□ □□ □□□□□□ □□ □□□□□ □□□□□□ □□ □□□□□□□ □□ □□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□ □□ □□□□□□□		
2. **□□□□□□□□□□□□ □□□□□□□ □□□□□: □□□□□□□ □□□□□□□□□□, □□□□□□□□ □□ □□□□□□□□□□□ □□ □□□□□ □□□□ □□□□□□□□ □□□□□ □□ □□□□□ □□□□□□ □□ □□□□□□□ □□ □□□□□ □□□□, □□□□□ □□ □□□□□□□□ **(Naloxone)** □□ □□□□□□, □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ **(CBT),** □□ □□□□□□□□□□ □□□□□□□□□□		
3. **□□□□□□□ □□□□□□□□ □□□□□□: □□□□□□□ □□□□□□□ □□□□□□□, □□□□□□□□□□□□ □□ □□□□□ □□□□□□□ □□□□□□□ □□ □□□□□□□ □□ □□□□□□ □□□□□□ □□□□□□□□ □□□□□□ □□□□ □□□□ □□□□□□		
**4. **□		
# □□□□□□□ □□□□□□□: □□	□□ □□□□□□ □□□□□ □□ □□□□ — □□	□□□□ □□ □□□□ □□ □□□□□□ □□ □□ □□□□ □□ □□

[illegible] [illegible] [illegible] ## [illegible] [illegible] [illegible] [illegible] [

[illegible], [illegible] [illegible] [illegible]

[illegible]: - [illegible] [illegible] - [illegible] [illegible] - [illegible] [illegible] **[illegible]:** 1. **[illegible]** [illegible] 2. **[illegible]** [illegible] 3. **[illegible]** [illegible]		

[illegible]: [illegible] - [illegible], [illegible], [illegible], [illegible] [illegible]-[illegible] [illegible]—[illegible], [illegible], [illegible] [illegible]

[illegible]: [illegible] (4 [illegible])

- **[illegible]:** [illegible]—[illegible], [illegible], [illegible]
- **[illegible]:** [illegible]
- **[illegible]:** [illegible]
- **[illegible]:** [illegible]

- **□□□□□□□□□ □□ □□□□□□:** □□□□□□□ □□□□□□□□□, □□□□□□□□□□□ □□ □□□□□□□□ □□ □□□□□ □□□□ □□□□□□□□ □□□□ □□ □□□□ □□ □□□□□□□ □□□□ □□□□ □□ □□□□□ □□□□□

□□□□ 1: □□□□ □□□□□

[□□□□□ 2 □□□□□]

- **□□□□□□□□ □□ □□□□□□□□:** □□□□□ □□□□ □□□□□ □□ □□□□□□□□ □□ □□□□□, □□□□□□ □□□□□□ □□□□□ □□ □□□□□□□ □□ □□□□ □□□□□ □□□□□ □□□□□□□□□ □□ □□□□□□ □□□□□ □□, □□ □□□□ □□□□□□ □□□□□ □□□□□ □□□□□□ □□ □□□□□□ □□ □□□□□□ □□□□

- **□□□□□□□□□□ □□□□□□□:** □□□□□ □□ □□□□□ □□□□ □□□□, □□□□□ □□□□□□ □□□□ □□□□□ □□ □□ □□□□□□□□ □□ □□□□ □□□□, "□□□□□," □□ □□ □□□□□□ □□□□□□□ □□ □□ □□□□ □□ □□□□□□ □□ □□□□□□ □□□□□□□□ □□ □□□□□ □□□□

- **□□□□□□ □□ □□□□:** □□□□□ □□□□ □□□□□, □□□□□ □□ □□□□□ □□□□□□□ □□ □□□□ □□□□ □□□□□□□□□ □□ □□□□□ □□□□ □□□□ □□ □□□□ □□□□□ □□□□□ □□□□□□ □□□□, □□□□□ □□□□□□□□ □□ □□□□□□□□ □□□□ □□ □□□□□□□ □□□□□ □□□□□□ □□□□□ □□□□

- **□□□□□□□ □□□□□□□ □□□□□:** □□ □□ □□□□ □□□□□ □□□□, □□ □□□□□□□□□□□□□□□□□ □□□□ □□ □□□□□□□□□□□□□□ □□□□ □□□□□ □□□□□□□ □□ □□□□□□□□□ □□ □□ □□□□□□□ □□□□□ □□ □□□□ □□□□□□□ □□□□ □□ □□□□ "□□□□ □□□□□□□□□ □□□□ □□□□" □□□□□ □□□□ □□ □□□□□ □□□□

- **□□□□□□□□□ □□ □□□□□□:** □□□□ □□ □□□□□□□ □□□□□□ □

□□ □□□□ □□□□-□□□□ □□□□□□□□ □□ □□ □□ □□□□ □□ □□□□□□□□ □□□□□ □□□□□□ □□ □□□□ □□□□ □□□□ □□ - □□□□□ □□□□ □□ □□ □□□□□ □□□□□□ □□ □□□□□ □□□□ □□ □□ □□□□□ □□□□

□□□□□□ □: **[□□ □□ □□□□□□ □□ □□□□□□ □□□] □□□□□ □□□□□□, □□□□□ □□ □□□□□ □□ □□□□□□□□ □□ □□□□ □□□□?**

□□□□□□ □□□□□□□□ □□: □□□□□□ □□□□□ □□□□ □□?

□□□□ □□□□□ □□□□□□□ □□□□ □□ □□□□□ □□□□ □□□□ □□ □□□□□ □□ □□□□ □□□□□ □□ □□□□□□□□□□□□ □□□□□ □□□□

□□□□□□□ □□ □□□□: □□□□□ □□ □□□□ □□ □□□□□ □□□□

□□ □□□□□□ □□□□□ □□□□ □□□□ □□□□ □□□□□□□□ □□ □□□□□□ □□□□, □□□□ □□-□□□□□□ □□ □□ □□□□□□ □□□□□

□□□□□□ □□: □□□□□ □□...?

□□□□□ **(Stranger A):** □□□□□□□□ □□ □□□□□ □□ □□□□□?

□□ □□□□□□: □□□□□ □□ □□□□□ □□ □□□□□ □□□□ □□ □□□□ □□□□□□ □□□□□ □□□□□ □□□□ □□□□ □□ □□□□□□ □□ □□ □□ □□□□□ □□ □□□□ □□□□

□□□□□ □□ □□□□□ □□ □□ □□□□□□

□□□ □□□□ □□□□-□□□□ □□□□□□ □□ □□□□□□ □□□□ □□□□-□□□□ □□□□□ □□□□□ □□□□

□□□□ 2: □□□□□□□□□□ □□ □□ □□□□□ □□□□ □□ **[~2 □□□□□]**

[□□ □□□□□□□□ □□ □□□□□□]

"□□ □□ □□□□ □□□□□ □□□□ *□□□□□□□ □□□□□□□* □□, □□ □□ □□□□□□ □□ □□□□□□ □□□□□ □□, □□□□□□ □□ □□□□□□□□□□ □□□□□□ □□ □□ □□□□□□ □□□□□□□ □□ □□ □□□□□ □□□□ □□ □□□□□□□□□□ □□□□□ □□□□ □□□□□□□ □□□□ □□ □□□□□□□ □□ □□□□□□ □□ □□□□□□□ □□□□ □□□□□□ □□□□□ □□□□□

□□□□□□□□□ □□□□□□□□ □□ □□□□□ □□□□□□ □□□□□ □□, □□ □□□□□ □□□□□□□, □□□□, □□ □□□□□□ □□□□□□ □□ □□□□□□□ □□ □□□□□□□□ □□□□ □□ □□□□□□□□□□ □□□□□ □□□□□□□ □□□□ □□ □□□□□ □□ □□□□□ □□ □□□□, □□□□□ □□ □□□□□□□

[illegible], [illegible]।

[illegible], [illegible]"

[illegible] (Stranger B): [illegible]?

[illegible]: [[illegible]] [illegible], [illegible], [illegible]।

[illegible]: [illegible]।

[illegible]?

[illegible]... [illegible], [illegible]।

[illegible]: [[illegible]] [illegible]

[illegible]: [[illegible]] [illegible]

[[illegible]: [illegible], [illegible], [illegible]:]

(Note: This is a placeholder for the optional voiceover. Since you've asked to only provide the translated text, no further content is added.)

[illegible]।

[illegible]; [illegible]।

[illegible] (7 [illegible])

[illegible], [illegible]-[illegible], [illegible], [illegible], [illegible], [illegible]।

- **[illegible]:** [illegible]-[illegible]।
- **[illegible]:** [illegible], [illegible], [illegible], [illegible]-[illegible]।
- **[illegible]:** [illegible]।

[illegible]

[illegible]-[illegible]:

- **[illegible]:** [illegible]

[illegible] 3: [illegible]-[illegible] [[illegible] 4 [illegible]]

[illegible], [illegible]-[illegible]-[illegible]

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

- **[illegible]:** [illegible] [illegible], [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible]

[illegible]

[illegible] **[illegible]:** [illegible]

[illegible]

[illegible] **A: [illegible]** [illegible]

[illegible]

[illegible] **(Stranger A):** [illegible]

[illegible] **[illegible]** [illegible]

[illegible]

[illegible]

[illegible]:

1. [illegible]: [illegible]

2. [illegible]: [illegible]

[illegible]

[illegible]

1. [illegible]: [illegible]

2. [illegible]: [illegible]

3. [illegible]: [illegible]

4. **[illegible]:** [illegible], [illegible], [illegible], [illegible]

[illegible] (Stranger A): [illegible]? [illegible]

[illegible], [illegible]

[illegible] (Stranger A): [illegible] ([illegible]/[illegible]) [illegible]

[illegible] (B): [illegible]?

[illegible] (STRANGER A): [illegible]

[illegible], [illegible]? (Aachchh, ek pal ke liye ruken. Aap iski jagah kya rakhna chahenge?)

Explanation:

* **[illegible] (aachchh):** This softens the "long pause" a bit while still conveying the pause.
* **[illegible] (ek pal ke liye ruken):** Translates "long pause" naturally.
* **[illegible]? (aap iski jagah kya rakhna chahenge?):** Directly asks "What would you replace it with?" using a polite, open-ended question structure suitable for a conversation.

[illegible] A: [illegible]

[illegible]: [[illegible]] [illegible]?

[[illegible]]

[illegible]

[illegible] 6: [illegible]

[[illegible] 2 [illegible]]

[illegible], [illegible]:

- **[illegible]**: [illegible], [illegible], [illegible], [illegible]

- **[illegible]**: [illegible], [illegible], [illegible]

- **[illegible]**: [illegible], [illegible]

[illegible], [illegible]?

[illegible]: [illegible], [illegible]

□□ □□□□□ □: [□□□□□ □□□] □□ □□□□□□□□ - □□□□ □□□□□ □□□□ □□□ -

□□□□□ □□: □□□ □□□□ □□□□□□□□ □□□□ □□□□ □□□□ □□ □□□ □□□□ □□□ □□□ □□□□ □□□ □□□□□□□ □□□□□□ □□□□ □□ □□□□ □□ □□ □□□□ □□□ □□ □□ □□ □□□□ □□□□□□ □□ □□□□□□ □□□ □□□□□ □□□□ □□□□ □□□ □□□□ □□□

[□□ □□-□□□□□ □□ □□□ □□□□□□□ □□ □□□□-□□□□□ □□□□ □□□□ □□ □□□□□□□ □□ □□□□□□]

□□□□ □□ □□□□ □□□

□□□□□ □□: □□ □□□ □□□ □□□□ □□, □□ □□ □□□ □□□ □□□□ □□□ □□□, □□□□-□□□□ □□ □□□□ □□□□□ □□□□ □□□□ □□□

[□□□□□□□□: □□□□□□□□ □□ □□□□□□□ □□ □□□ □□□ □□□□□ □□□,]

□□ □□□ □□ □□□□ □□□□□□ □□, □□ □□□□ □□□ □□□□ □□□ □□ □□□□ □□□ □□ □□□□ □□; □□ □□ □□□□□ □□ □□□ □□ □□□

□□ □□□ □□ □□□□ □□□ □□ □□ □□□□ □□□ □□□□ □□□□ □□□ — □□ □□ □□ □□□ □□□□ □□□ □□ □□ □□□□ □□□ □□□□ □□□□ □□□□ □□□□

[□□□□□]

□□□□ □□□ □□□□□□□□□□ □□□□□□ □□□ □□ □□ ***Recovery Kernel*** □□□□□□□□□ □□ □□□□□□ □□□ □□□□□ □□ □□□□ □□□:

1. **□□□□ □□□□□□□ □□ □□□□ □□□□ □□ □□□ □□□□□□□□□□□ □□□□:** "□□□□ □□ □□□□□□ □□□ □□□ □□□□□□□□□ □□ □□□ □□ □□□□□ □□□□? □□□□ □□□□□□□ □□ □□□ □□□□ □□□□□□□□ □□□□ □□□□ □□ □□ □□-□□□□□ □□ □□□□□ □□ □□□□□□ □□□□ □□□ □□□ □□ □□□□ □□□□"

2. **□□□□□□ □□ □□□□□□□□□□□ □□□□:** "□□□□ □□ □□□□□□□ □□ □□□□□ □□□□ □□□□□□□□ □□ □□ □□□□□ □□□□□□ □□ □□? □□□□ □□□□ □□□ □□□ □□□□□ □□□□□□ □□ □□□□□ □□ □□ □□□□ □□□ □□□□ □□?"

3. **□□□□ □□ □□□:** "□□ □□□□□□□□□□ □□□ □□□□ □□□□ □□□ □□□□ □□? □□□□ □□□ □□□□□ □□□□□□□□□□□ □□ □□□ □□ □□ □□□□ □□□ □□□□□□□□□□ □□?"

4. **□□□□□□ □□□□□□□:** "□□□□ □□□□□ □□□-□□□ □□ □□□□□□ □□□□□□□ □□□? □□□□□□, □□□□□, □□ □□□□□□ □□□□ □□ □□□□ □□□□□□ □□□ □□□□ □□□ □□□□ □□□?"

5. **□□□□□□□□□ □□ □□□□□ □□□□:** "□□□□ □□□□ □□□ □□□ □□□□□□ □□ □□□□□ □□□□ □□□□□ □□□□ □

□□□□ □: □□□□□□□ □□□□ □□ □□□□ □□□□□ □□? □□□ □□□□ □□□□ □□□ □□?

□□□□ □□: □□□□ □□□□ □□□□□ □□□□ □□ □□□□ □□□ □□□□ □□□ □□□□□ □□ □□□ □□□□ □□ □□□□□□ □□?

□□□□ □□□□ □□□ □□□ □□□□ □□□□□ □□ - □□ □□□□ □□ □□□□ □□□ □□□□ □□□□ □□, □□□□ □□ □□□□□ □□□ □□□ □□ □□□□ □□□□ □□□□□□ □□?

[illegible]: [illegible]

[illegible]

[illegible] [illegible] [illegible] [

□□□□□
2. **□□□□□□ □□□□□□□ □□□□□:** □□□□□□,
□□□□□□□, □□ □□□□□ □□□□□□ □□ □□ □□□□□ □□□□□□
□□□□□□□ □□□□□□
3. **□□□□□ □□ □□□□□□:** □□□□□□□, □□□□□□, □□
□□□□□□□□□ □□□□□□ □□ □□□□□ □□□□□□□□ □□□□□
4. **□□□□□□□□ □□□□□□□□□:** □□□□□□□□ □□ □□□
□□□□□□

*□□ □□ □□□□ □□□□□□ □□, □□□□□ □□□□ □□□□□□ □□□□□□□□□ □□ □□□□□□□□ □□ □□□□□□□□□□□□□
□□□□□ □□□□□ □□□ □□□□□□□□ □□ □□□□□□□ □□□:*

□□□□□□□□□□□□□ (□□□□□□□ □□□□□□□□ □□□□□□ □□):
*□□□□ □□ □□□□□ □□ □□□□□□□ □□ □□□□□ □□□□□□ □□ □□□□ □□ □□□□□ □□□□□□□□□ □□□ □□□□
□□□ □□□ □□□□□ □□□□□□□ □□ □□ □□ □□□ □□□□□□□□□ □□ □□□□□□ □□ □□□□□□□□ □□□□□,
□□□□□□□□□ □□ □□□□□ □□□□□ □□ □□□□□*

□□□□□□ (□□□□□□ □□□□□□□, □□□ □□ □□□ □□ □□□□ □□□ □□□□□ □□□□□□ □□□□ □□):
*□□□ □□□□□ □□□ □□ □□ □□□□□ □□□□□□□□□□ □□, □□□□□ □□□□ □□□ □□□□ □□□□□ □□□□□□ □□
□□□□□□□□□□ □□ □□□ □□□□ □□□□ □□□□□□□ □□ □□□□□□□□□□ □□□ □□□□ □□, □□ □□□ □□□□ □□
□□□□□ □□□ □□□□ □□□, □□□ □□□□□ □□□□ □□□ □□ □□ □□□□□□□□□□ □□ □□□ □□ □□□□□□ □□
□□□□□□□□, □□ □□ □□□□□ □□ □□□□□□□□□□□ □□□□ □□□*

□□□□□□□□□□ (□□□□□□ □□□□ □□□□ □□):
□□ □□□□□□ □□ □□ □□ □□□□ □□

□□□□□□ □□□□ (Recovery Kernel) □□ □□□□□□	□□ □□□□
□□□□□□ □□□□ □□ □□□□□□ □□□□□□ □□□□□□ □□□□□ □□ □□ □□□□□ □□ □□□□ □□ □□ □□□□□ □□ □□□□□□ □□□□ □□□□ □□□ □□□ □□□□ □□□ □□□□ □□□□ □□□□□ □□ □□□ □□ □□□ □□□□ □□:	
1. **□□□□□□□□□ □□□□□ □□□□□ □□□□**: □□ □□□□ □□ □□□□ □□□ □□□□□ □□□□ □□ □□□□ □□□□ □□□□□□□ □□ □□□□ □□□	

□□ □□□□□□
2. **□□□□□ □□□□□□□□□□□□ □□□□□□ □□□□□**: □□□ □□ □□ □□□□□ □□□□□ □□□□□□□ □□□□□□□□ □□ □□□□□□□□□□□□ □□□□ □□ □□ □□□□□□ □□ □□□□ □□□□□□□ □□□□□□□□
3. **□□□□□ □□□□□□ □□□□□□**: □□□□□ □□ □□ □□□□□ □□ □□□□□□□ □□ □□□□□ □□□□□□□□□ □□ □□□□□□□□□ □□ □□□□□ □□□□□□ □□ □□□□□□□ □□□□ □□□□ □□□□□□□
4. **□□□□□□□ □□□□□□□**: □□□□□□□□ □□□□□□□□, □□□□□□□ □□□□□□□, □□ □□□□□□□ □□□□□□□ □□ □□□□□ □□□□ □□□□□□□□ □□□□□□□
5. **□□ □□□□□□ □□□□□□**: □□□□□ □□□□□□ □□ □□□□ □□ □□□□□□□□□□□□ □□ □□□□□□□□ □□□□□□ □□□□□□ □□□□□ □□□□□□ □□□□□□□□□□□□, □□□□□ □□□□□□□□ □□□□□□□□, □□ □□□□□□□ □□□□□□ □□□□□□ □□ □□□□□ □□□□□
6. **□□□□□□□ □□□**: □□□□□ □□□□□□□, □□□□□□□□□, □□

□□□□□□□ □□□□□ (Recovery Kernel) □□ □□□□□□□: 1. **□□□□□□□ □□□□□□□□ □□□□□□ (Create a Support Network):** □□□□□ □□-□□□ □□□□ □□□□□□ □□ □□□□□□ □□□□□ □□ □□□□□ □□□□□□□ □□ □□□□□□ □□□□ □□ □□□□□ □□□□□□□ □□□□□ □□□□□ □□ □□□□□□□, □□□□□□, □□□□□□□□, □□ □□□□□□□ □□□□□ □□ □□□□□□ □□ □□□□□ □□□□□ 2. **□□□□□ □□□□□□ □□□□□ □□□□□ (Share Your Story):** □□□□□ □□□□□□□□□ □□ □□□□□□□□□□□□ □□ □□□□□ □□□□ □□□□□□ □□□□ □□□□□ □□ □□□□□ □□□□ □□	**□□□□□, □□□□□□□□□□□, □□□□□□□□□□□, □□□□□□□□□□□ □□□□□□, □□□□□**

□□□□□□□□□□ □□□□ □□□□□ □□□□ □□ □□□□□ □□□□□□ □□□□ □□□□□ □□ □□ □□ □□□□□□ □□□□□ □□□□□

3. **□□□□□□□ □□□□□□ □□□□□□□ (Adopt Healthy Habits):** □□□□□□□ □□□□□□□□, □□□□□□□□ □□□□□, □□ □□□□□□□□□□ □□□□□ □□□□□ □□□□□□□ □□□□□□□□□□ □□ □□□□ □□□□□□□□□□□ □□□□□ □□ □□□□□□ □□□□□ □□ □□ □□□□□ □□ □□□□□ □□□□□□ □□□□□ □□□□ □□□□□□ □□□□□ □□□□ □□□□ □□ □□□□□ □□□□□

4. **□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ (Cognitive Behavioral Therapy - CBT) □□ □□□□□□□ □□□□□:** CBT □□□□□ □□□□□□□□□□ □□□□ □□ □□□□□□□□□□ □□ □□□□□□□□ □□ □□□□□□ □□□□ □□□□ □□□□□ □□□□ □□ □□□□□ □□□□□ □□□□□□□□□□ □□ □□□□□□□ □□□□□□□ □□ □□□□□□□□□□ □□ □□□□□□ □□□□□ □□□□ □□□□□□ □□□□ □□□□□ □□□□

5. **□□□□□ □□ □□□□□□□ (Self-Care) □□ □

□□□□ □□□□:

□□□□□□□ □□□□□□□ □□ □□□□□□□-□□□□□□□ □□□□□□□ □□□□□□□ □□□□□ □□ □□ □□□□□ □□ □□□□□ □□□□ □□ □□ □□ □□ □□□□□ □□ □□ □□□□□□□, □□□□□□□□ □□□□□ □□□□□ □□□□ □□□□ □□□□□ □□ □□□□ □□□□□□□□ □□□□□ □□□□ □□□□ □□ □□ □□□□□□ □□ □□□□-□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□, □□□□□□ □□□□□□□□ □□□□□ □□ □□ □□□□ □□□□□□ □□□□ □□□□□ □□□□ □□ □□□□□ □□□□□□□□ □□ □□□□□ □□□□□

□□ □□□□□□□□□□ □□ □□□□□□ □□□□□□□□□ □□□□□□ □□ □□□□□□ □□□□□□ □□ □□□□□□□ □□□□□ □□□□□□□

□□□□□□□□□ / □□□□□□□□ □□□□□□□□ / □□□□□ □□ □□□□ □□ □□□□ □□□□□□ □□ □□ □□□□ □□ □□□□□□ □□ □□ □□□□□□ □□□□ □□ □□?

□□□□□ □□□□□□ □□□□□□ □□:

1. **□□□□□□□□□□** □□ □□□□□□□□□□□□ □□□□□□□□ □□ □□ □□□□□□□□□□ □□□□□ □□ □□ □□□□□□ □□□□□ □□□□ □□□□□□ □□ □□□□□□□ □□□□ □□□□□ □□ □□ □□□□□ □□□□□ □□ □□□□□□ □□ □□□□ □□□□□□□□ □□□□□□ □□□□□ □□□□, □□ □□ □□ □□□□□□ □□□□□□ □□ □□ □□□□ □□□□□□□□ □□□□□□□□ □□□□□ □□□□ □□□□□□□□

2. **□□□□□□□□ □□□□□□□□** □□ □□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□, □□□□□□□□□□ □□ □□□□ □□□□□ □□ □□□□□□□□□□ □□ □□□□□□□□ □□ □□□□□□□ □□□□ □□ □□ □□□□□ □□□□□□□□□□ □□ □□□□□□□ □□ □□□□□ □□□□□□ □□□□□ □□□□, □□□□□□ □□□□□ □□□□ □□□□□□□□□ □□□□□ □□ □□□□□□□□ □□ □□□□□□□□□□ □□ □□□□□□□ □□ □□□□□□□□□□□ □□□□□ □□□□

3. **□□□□□ □□ □□□□ □□ □□□□ □□□□□□ □□□□□□:** □□ □□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□ □□□□□□ □□□□□ □□ □□□□□□□□ □□□□□□□□ □□ □□ □□□□□□□□□ □□ □□□□□□□ □□□□□ □□□□□□□ □□□□□ □□□□□ □□ □□ □□ □□ □□□□□□□□ □□ □□□□□ □□□□□, □□□□□□□ □□ □□□□

[illegible] [illegible] [illegible]

□□□□□□□□□□□ □□ □□□□□□□□ □□□□□□□ □□□□□ □□, □□□□□□ □□□□ □□ □□□□ □□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□ □□□□□□□□□ □□□□□□□ □□□□□ □□□□

4. **□□□□□□□□□□** (□□□□□□□□□□): □□ □□□□□ □□ □□□□□□ □□□□□□□□ □□ □□□□□□□□□□□□ □□ □□□□□ □□□□□□□□ □□□□□ □□, □□□□□ □□□□ □□□□ □□□□□□□□

□□□:

□□□□□□□ □□□□□ □□ □□□□□□□-□□□□□□□ □□□□□□□ □□□□□□ □□ □□ □□□□□□ □□ □□□□□ □□□□ □□ □□ □□ □□□□□□ □□ □□□□□□□ □□□□□ □□□□□ □□□□ □□□□ □□□□□ □□□□ □□ □□ □□□□□□□□□□ □□ □□□□□□ □□□□□□□□ □□□□□□□ □□□□□ □□ □□□□□ □□□□□□□□ □□□□□ □□□□□□□□ □□ □□□□□ □□ □□□□□ □□□□, □□□□□□□ □□□□□□□□ □□ □□□□□ □□□□ □□ □□ □□□□□□ □□ □□□□ □□ □□□□ □□□□□ □□□□□

□□ □□□□ □□□□, □□ □□ □□□□□□ □□ □□□□□□□□□□□ □□ □□□□ □□□□ □□□□□□ □□□□□ □□□□, □□ □□□□□□□□□□□ □□ □□□□□ □□□□□□□ □□ □□□□□ □□□□□ □□□□□ □□□□□ □□□□□□□□□ □□□□□□ □□□□□□, □□□□□ □□□□□□□□□ □□ □□□□□□ □□ □□□□□□□ □□□□□□□□□ □□□□ □□ □□□□□ □□□□ □□□□ □□□□□ □□□□ □□□□□ □□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□:

- **□□□□□□ □□ □□□□□□:** □□□□□□□□□□□ □□ □□□□□ □□□□□□□□□ □□□□□ □□□□□ □□ □□□□□ □□□□□□□□□ □□ □□□□□□□ □□□□□ □□ □□□□ □□ □□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□ □□□□□

□□ □□□ □□ □□□□□□ □□ □□□□ □□□?

□□□□□□□ □□□□□ □□ □□□□□□□-□□□□□□□ □□□□□□□ □□□□□□ □□, □□ □□□□□□ □□□□□□ □□ □□ □□ □□ □□□□□□ □□□□□ □□□□□□□□□□□ □□ □□□□□ □□□□□□□□ □□ □□□□ □□□□□□□□ □□□□□ □□□□ □□□□

□□ □□ □□□□ □□ □□□□ □□□□□□□□ □□ □□:

* **□□□□□□ □□□□□□ □□ □□ □□ □□□□ □□□□ □□□□:** □□□□□ □□ □□ □□□□□□□ □□ □□□□ □□ □□□□□ □□□□ □□ □□□□ □□□□ □□□□, □□ □□□□□□ □□□□□ □□□□□□□□□□□ □□ □□□□□□□ □□□□□ □□ □□□□ □□□□□□ □□□□ □□□□
* **□□□□□ □□□□ □□□□□□□□ □□ □□□□□□□ □□□□□ □□□□□□ □□□□ □□ □□□□□□ □□□□□□ □□ □□ □□ □□□□ □□□□ □□:** □□□□□□□ □□ □□□□□□, □□□□□□ □□ □□□□□□□□, □□ □□□□□□ □□□□□ □□□□□□ □□ □□□□ □□□□□ □□□□ □□□□□□ □□□□□□□ □□ □□ □□□□□ □□□□□□ □□ □□□□ □□□□ □□ □□ □□□□□ □□□□ □□□□□ □□□□□ □□□□□□ □□□□□□□ □□□□□□□ □□ □□□□□ □□□□□
* **□□□□□□ □□□□□□ □□ □□□□□□ □□ □□□□□ □□□□□□□□□ □□ □□□□□ □□□□ □□□□□ □□□□□□ □□□□□□ □□□□:** □□ □□□□□□ □□□□□□□□□□□□ □□ □□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□ □□□□□□□ □□□□□ □□ □□ □□□□□ □□□□□□ □□□□□□ □□ □□□□□□□ □□ □□□□□ □□ □□□□□□□ □□ □□□□□ □□□□□□ □□□□ □□□□ □□ □□□□□ □□□□

[illegible]
[illegible] - **[illegible]:** [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]

[illegible]	[illegible] [illegible] [illegible] [illegible] [illegible]	[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

3. **[illegible] [illegible]**: [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]

[illegible]		
[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible]

[illegible]

[illegible]: [illegible] (4 [illegible])

[illegible]

[illegible] **[illegible]** [illegible]

[illegible] **[illegible]**, [illegible]

[illegible] 1: [illegible] (2 [illegible])

[illegible]

[illegible]

[illegible]

[illegible]: [illegible] **[illegible]** [illegible]

[illegible]: [illegible] **[illegible]**

[illegible]? **(āpki pratikrīya kya hai?)**

[illegible]

[illegible]: **[illegible]** [illegible]

[illegible]...

Explanation:

This translation captures the uncertainty and hesitation expressed by the defendant while maintaining a direct, non-judgmental tone suitable for a professional setting like a court. "I'm not sure" is a natural and idiomatic way to express this sentiment in Hindi.

[illegible]:

[illegible]: **[illegible]**

[illegible]

[illegible]

[illegible]

1. [illegible]: [illegible]

2. [illegible]: [illegible]

3. [illegible]: [illegible]

4. [illegible]: [illegible]

□□□□□□□□ □□□□□□□ □□ □□□□□□ □□ □□□ □□□□ □□□□ □□□□□□□ □□ □□□□□□ □□□□□ □□□□□ □□□□ □□□□□□ □□ □□ □□□□□□□□□□□□□ □□□□□□ □□ □□□

[□□□□□□□□□ □□□□□ □□□□□□ □□□□□ □□ □□□ □□ □□□□ □□□ □□□□ □□□□□□□ - □□□□ □□□□□□□ □□ □□□□□□ □□□□ □□□□]

□□□□□□□□□ □□□□□: □□□ □□□ □□ □□□□ □□□□ □□□□ □□ □□□ □□□, □□ □□□□□□ □□□□ □□ □□ □□□□□ □□□□□□ □□ □□□ □□□□□, □□□□ □□□□□□□ □□□□□□, □□ □□ □□□□□ □□ □□□□ □□ □□□□□□□

□□□□ □□□□: □□ □□□□□ □□□□ □□□□ □□?

□□□□□□□□□ □□□□□: [□□□□ □□ □□□□ □□□□ □□□] □□□, □□ □□□□□□□□ □□□ □□ □□□ □□□□□□□ □□ □□□□□ □□□□ □□ □□□□

□□ □□□ □□ □□□? □□□□□?

□□□□□□□□□ □□□□□: [□□□□□□□□ □□□□□ □□ □□ □□□□□□ □□□□□ □□□] □□□□, □□ □□ □□ □□ □□□ □□ □□□□□□□ □□□, □□□ □□? □□□□□□□□, □□□□-□□□, □□□□ □□ □□□□□□ □ □□□□ - □□ □□ □□□□□ □□□□ □□□□

□□□□ □□□ □□ □□ □□□□ □□□□ □□□

□□□□□□□□□ □□□□□: [□□□□ □□ □□□□ □□□□□ □□□] □□□□ □□□□ □□□ □□□□□ □□ □□□□□□ □□?

□□□□□ **(Nahin.)**

(Please note that this is a single word response, and the context is crucial to understand its meaning. In this case, "□□□□" means 'no' in Hindi.)

□□ □□□□ □□□□□□□ □□□□□ □□□ □□ □□□ □□ □□□□ □□□□□ □□ □□ □□□ □□□□ □□ □□ □□ □□□□ □□□

□□□ □□□ □□□□□ □□□□□ □□□□

□□□□□□□: [□□□□ □□ □□□□ □□□□ □□□] □□□□ □□□ □□□□ □□□

□□□□□□ □□ □□□□ □□□ □□□□ □□ □□□ □□□□□□□ □□□□ □□□ □□, □□ □□□□□ □□□□ □□□□ □□□ □□□□ □□□

□□□□□□□□: 7 □□□□

□□ □□□ □□□, □□ □□□□ □□□□ □□□□□□□□ □□ □□□□□ □□□□ □□ □□□□ □□□□□ □□ □□□ □□ □□□□□□□□ □□□□□ □□□□□□ □□□□ □□□□ □□□□, □□ □□□□ □□□□□□□ □□ □□□□□□□ □□ □□□ □□□□ □□□ □□ □□□□ □□□ □□□ □□ □□□□ □□□□

1. **□□□□□□□□:** □□□□ □□ □□ □□ □□□□□□□□□ □□□ □□□□□ □□□□ □□ □□□ □□□□ □□□□ □□ □□ □□□□□□□□□□ □□□□ □□□ □□□
2. **□□□□□□□:** □□□□□□□□ □□□□□□ □□□ □□□□□ □□ □□□□ □□□□□ □□ □□□□□ □□□□□□□□ □□□□□ □□□□ □□□□ □□□ □□ □□□□□ □□ □□ □□□ □□ □□□ □□ □□□ □□□ □□□□□ □□□□ □□□□
3. **□□□□□□□:** □□□□ □□□□ □□ □□ □□□□□□ □□ □□□ □□□□ □□□□□□□□□ □□□□ □□□□ □□□□□ □□□□□□□ □□ □□ □□ □□□□□□□□□ □□ □□□□ □□□□□ □□□ □□ □□ □□□□ □□□□□ □□□□□ □□□
4. **□□□□□□□ □□ □□□□□□□:** □□□□ □□□□□□□ □□ □□□□□□□ □□□□ □□ □□□□□□ □□□ □□□□ □□□□ □□ □□□□□ □□□□□ □ □□□, □□□□ □□□□□ □□□□ □□□□□□□□□□ □□□
5. **□□□□□:** □□□□ □□□□□□ □□□□ □□ □□□ □□□□□ □□ □□□□□□ □□ □□□□ □□□ □□ □□□□ □□ □□□ □□ □□□ □□□□ □□ □□ □□□□□□□□ □□□□□ □□, □□□□□ □□□□□□□ □□□□□

□□□ 3: □□□□□□□ □□□□ □□ □□□□ [□□□□ 3 □□□□]

□□□□□□□ □□□□ □□□□ □□□□ □□□□□□□ □□□□ □□□□ □□□□ □□□, □□ □□□□□□□□□□ □□□□□□□ □□ □□□□□□□□ □□:

1. **□□□□□□□□□ □□ □□□□□□□:** □□ □□□□□ □□ □□□□□□□ □□□ □□□□□□□□ □□ □□□□□□□ □□□ □□□□□

[illegible], [illegible], [illegible], [illegible]

2. **[illegible]:** [illegible], [illegible]

3. **[illegible]:** [illegible], [illegible]

4. **[illegible]:** [illegible], [illegible]

[illegible], [illegible]

[[illegible] ([illegible]) [illegible]-[illegible]]

[illegible]: [illegible], [illegible], [illegible], [illegible], [illegible], [illegible]? (Kya aap isse neki karte hain?)

Explanation:

* "[illegible]?" directly translates the legal phrase "Do you dispute this?"
* This maintains a neutral, direct tone suitable for a judicial setting.
* The choice of words is idiomatic and natural in Hindi.

[illegible]: [[illegible]] [illegible], [illegible] '[illegible]' [illegible]—[illegible], [illegible]

[illegible]: [[illegible]] [illegible]

[[illegible]]

[illegible]: [illegible]? [illegible]

[illegible], [illegible]-[illegible], [illegible]-[illegible], [illegible]

[illegible]: [[illegible]] [illegible]

[illegible]: [[illegible], [illegible]] [illegible]

[illegible]: [[illegible]] [illegible]

[illegible], [illegible]

[illegible] 4 - [illegible] - [illegible]
[[illegible] 2 [illegible]]

- **[illegible]:** [illegible]
- **[illegible]:** [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
- **[illegible] [illegible] [illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
- **[illegible] [illegible] [illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible]

4. **□□ □□□□□ □□□□□:** □□ □□□□□□□□□□ □□□□□□ □□□□□ □□□□ □□ □□□□ □□□□□□□□ □□ □□□□□□□ □□□□ □□□ □□□ □□□□ □□□□□ □□

[□□□□□□□□□ □□□ □□□□□□ □□ □□□□□ □□□ □□□□ □□□□ □□□□□□ □□ - □□□□□□□ □□ □□□□□□]

□□□□□ □□□□ □□□ □□ □□ □□□ □□□□ □□□ **[□□□□□□ □□□□□□□ □□ □□ □□□□□□]** □□ — □□□□□ □□□□ □□□□□ □□□ □□□□□□ □□□□ □□□ □□□□□ □□ □□□□□ □□ □□□□□ □□□□ □□ □□□□□ □□□ □□□□ □□□□□□□ □□□□ □□ □□□□□□ □□□

□□□□□□□□□ □□□□□: **[□□□□□]** □□□□□ □□□□ □□□□ □□□□□ □□□

□□□□□□□□□: □□□□ □□ □□□□□□□ □□ □□□□□□ □□, □□ □□ □□ □□ □□□ □□□□ □□□ **[□□□□□□□□□□ □□ □□□□□□□ □□□□ □□□]** □□□□ □□□□ □□□□□ □□□□□□□□□□ □□□ □□ □□□ □□□□□ **[□□□□□□ □□ □□□□□□□ □□□□ □□□]** □□□□ □□ □□□□ □□ □□□□ □□□ □□□□ □□□□ □□□ □□ □□□ **[□□□□□□□□ □□ □□□□□□□ □□□□ □□□]** □□ □□□□ □□□□□□□□□□□□□ □□□□ □□□□ □□□□ □□, □□ □□□□ □□□□ □□□□□□□□□□□□ □□□ □□□□□ □□ □□□□□ □□□ □□□ □□□□□□

□□□□ □□ □□□: □□□□□ □□□□ □□?

□□□□□□ □□ □□: □□ □□ □□□ □□□□□□□ □□ □□□□ □□ □□□□□□□ □□, □□ □□□□ □□□□□□□ □□□□□□□ □□ □□□□ □□□ □□ □□□□□ □□□ □□□□ □□□□ □□, □□□□□ □□□□□□□ □□ □□□ □□□□ □□, □□ □□ □□□□ □□□ □□□□□□ □□□□□ □□ □□□□ □□ □□□□□□□□ □□□□□□ □□□□ □□, □□□□□ □□□□ □□□□□□ □□□, □□□ □□ □□ □□□□□□ □□□□□□ □□ □□: □□□□□□□□ □□□□ □□□ □□□□□ □□□ □□□□ □□□□ □□ □□□□ □□□ □□□□□□□□

□□□□□□□□: □□ □□ — □□□□ □□ □□ □□□□□□□□ □□□□□□ □□?

□□ □□□□□ □□□ □□□

□□□□□□□□□ □□□□□: **[** □□□□□ □□□□□, □□□□ □□ □□ □□□ □ □□□□ □□□ **]** □□□□ **[** □□□□□□□ □□□□□ □□□□ □□□ **]** □□□, □□ □□□□□ □□□

□□□□□□□□ □□□□ □□□ □□ - □□□□□□□□ □□□□□□□ □□□□ □□□ □□ □□ □□□□□ □□□□ □□□□□□ -

□□□□□□ **7:** □□□□□□□□ □□ □□□ **[□□□□ 1 □□□□]**

[□□□□□ □□ □□□□□ □□□□□□□□ □□ □□□□□□□□□ □□□□□ □□□□ □□ □□ □□ □□□ □□□□□□]

□□□□□□□□□ □□□□□: □□□□ □□ □□□□ □□□ □□, □□□□□ □□□□ □□□□□ □□□□ □□. □□ □□□□

□□□□ □□□□? **(Usne kiya?)**

Explanation:

*** "You did?" translates directly and naturally in Hindi, preserving the surprised emotional register of the original.**
*** "□□□□" (usne) means "he/she/it did,"**
*** "□□□□" (kiya) means "did."**

This combination conveys both surprise and directness, suitable for a conversational context.

□□□□□□□□□ □□□□□: **[□□□□□□□□□□]** □□□ □□ □□□□ □□ □□□□□ □□ □□□□□ □□□ □□□□ □□□□

□□□□ □□□□ □□□?

□□□□□□□□□ □□□□□: **[□□□□ □□□□□□□, □□□□□□□□□]** □□□□□ □□□□ — □□□□□□□ □□ □□□□□□□ □□□, □□ □□□□ □□ □□□□□ □□ □□□□□□□ □□□□ □□□ □□ □□□ □□□ □□ □□□□ □□□ **[□□□□ □□ □□□□ □□□□ □□□]** □□□□ □□□ □□□ □□□□ □□□ □□ □□ □□□□□□□ □□□ □□□□□ — □□□□ □□□ □□□ □□ □□□□ □□□

□□□□ □□□□□ □□□□□□□□□ □□ □□□□ □□□□ □□□□□□□ —

[□□□□□]

[illegible] [illegible] [illegible] [

1. **□□□□□□□ □□ □□□□□□ □□□□:** □□□□□□ □□□□□□□ □□ □□□□□□□ □□ □□□□□□□□ □□□□□, □□□□□ □□□□□ □□□□□□□□□ □□ □□□□□□ □□□□
2. **□□□□□□ □□□□□□□□□ □□ □□□□□:** □□□□□□□ □□ □□□□□□□□ □□ □□□□□, □□□□□□□ □□ □□□□□□□□□ □□ □□□□□□□ □□□□□ □□□□ □□□□□□
3. **□□□□□□□ □□ □□□□□□□□□□ □□□□□ □□□□□:** □□ □□□□□□□□ □□ □□□□□□ □□ □□□□□□□□□□□□□ □□ □□□□□□□ □□□□□, □□□□□ □□ □□□□□ □□□□ □□□□□ □□□□ □□ □□□□□□
4. **□□□□□□□□□□ □□□□□□□□□ □□ □□□□□□□ □□□□:** □□□□□□ □□□□□□□□□□□□ □□ □□□□□, □□□□□□□□□ □ **□□□□□□□:** □□□□□□ □□□□□ □□ □□□□□ □□□□□□ □□□□? □□□□□ □□ □□□□□□ □□□□ □□□□□□ □□□□□ □□□□□ □□□□? **□□□□□□□□□□:** □□ □□□□□□ □□ □□□□□□□ □□ □□□□□□ □□□□□ □□? □□□□□ □□ □□□□□ □□ □□□□□ □□?

(Note: This translation maintains the emotional register and tone of the original English text, conveying a sense of gravity and personal reflection.)

□□□□□ □□□□□ □□□□ □□ □□□□□□□ □□□□□□□□ □□ □□□□□□ □□□□□ □□ - □□ □□□□□ □□□□□ □□□□ □□□□□ □□□□□ □□ □□□□□□ □□□□□□□ □□□□ □□□□□ □□? □□ □□□□□□ □□ □□□□□ □□□□□ □□□□□□ □□□□□□?

[illegible]: [illegible]

[illegible]

[illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [

[illegible], [illegible], [illegible] [illegible] [illegible]

[illegible], [illegible], [illegible] 3. **[illegible]:** [illegible]-[illegible], [illegible] 4. **[illegible]:** [illegible]	
[illegible] (Recovery Kernel) [illegible]: 1. **[illegible] (Create a Support Network):** [illegible]-[illegible], [illegible], [illegible], [illegible] 2. **[illegible] (Share Your Story):** [illegible] 3. **[illegible] (Adopt Healthy Habits):** [illegible], [illegible], [illegible]	**[illegible], [illegible] ([illegible]), [illegible] ([illegible]/[illegible])** 1. **[illegible] (Writer):** [illegible], [illegible], [illegible] 2. **[illegible] ([illegible]) (Substance - voiced):** [illegible], [illegible], [illegible] 3. **[illegible] ([illegible]/[illegible]) (Postal Worker - narrator/anchor):** [illegible], [illegible], [illegible]

□□□□□□□□□□ □□□□ □□ □□□□□ □□□□ □□ □□ □□□□ □□ □□ □□□□ □□□□□ □□□□ □□□ □□□□□ □□□□ □□□ □□□ □□ □□□□ □□□□

4. **□□□□□□□□□□□□□□ □□□□□□□ □□□□□□ (Cognitive Behavioral Therapy - CBT) □□ □□□ □□□□□:** CBT □□ □□□□□□□ □□□□□ □□ □□ □□□□ □□□□□□□□□□ □□□ □□ □□□□□□□□□□ □□ □□□□□□□ □□ □□□□□ □□□ □□□ □□□□ □□□ □□ □□□□ □□□□ □□□□□□□□□ □□ □□□□□□□ □□□□ □□ □□□□□□□□□□ □□□□ □□□□□□□□ □□□□ □□□□ □□ □□□ □□□□□ □□□□□□□ □□ □□□□ □□□

5. **□□

□□□ □□□: □□□□□□ □□□□□□ □□ □□□□□□-□□□□□□ □□□□□□ □□□□□□ □□□□□ □□ □□ □□□□□ □□ □□□□ □□□ □□ □□ □□ □□□□□ □□ □□ □□□□□□, □□□□□□□ □□□□ □□□□ □□□ □□□ □□□□ □□ □□□ □□□□□□□ □□□□ □□□ □□□ □□ □□ □□□□□ □□ □□□-□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□ □□, □□□□□ □□□□□□□ □□□□ □□ □□ □□□ □□□□□ □□□ □□□□ □□□ □□ □□ □□□□□□□□□ □□□□□ □□ □□□□□□ □□□□ □□ □□□□ □□□□ □□ □□□□□□□□□ □□ □□□□□ □□□□□□□□ □□□□□ □□ □□□□□ □□□□□ □□ □□□□□□ □□□□ □□□□□□ □□ □□□□□□ □□ □□□□□□□□ □□□□ □□ □□□ □□□□□□ □□□□□ □□□□□□□ □□□□ □□ □□ □□□□□□ □□□□□□□□□□ □□□□□□ □□, □□□□□□ □□□□□□□□, □□□□□□ □□ □□□□□□□□□□ □□□□□□ □□ □□□□□□□ □□□□ □□ □□□ □□□□□□□□	□□□□□ □□□□ / □□ □□□□□□□□ □□□ □□ □□□□□□ □□ □□□□ □□□□ / □□ □□□ □□ □□□□□□ □□□□ □□□ □□□ □□ (Samana karna / wah vaastavik rup se padarath ne kya diya / jo kabhi bhi alvida nahi kahya gaya tha) **Explanation:** * **□□□□□ □□□□ (samana karna):** Confrontation * **□□ □□□□□□□□ □□□ □□ (wah vaastavik rup se):** What the substance actually * **□□□□□□ □□ □□□□ □□□□ (padarath ne kya diya):** gave * **□□ □□□ □□ □□□□□□ □□□□ □□□ □□□ □□ (jo kabhi bhi alvida nahi kahya gaya tha):** the goodbye that was never said

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: 1. **[illegible] [illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] (or [illegible]):** or-[illegible] or [illegible] [illegible], [illegible] [illegible] or [illegible] [illegible] [illegible] or [illegible] [illegible] [illegible] or [illegible] or [illegible], [illegible]-or	

[illegible]:

or [illegible] [illegible] [illegible] or [illegible], [illegible] [illegible] or [illegible] [illegible] or [illegible] [illegible] or [illegible] [illegible] [illegible] or [illegible] [illegible] [illegible], [illegible] [illegible] or [illegible] [illegible], [illegible] [illegible] or [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

1. **[illegible] [illegible]:** [illegible] [illegible] [illegible] or, [illegible] or [illegible] [illegible] or [illegible] [illegible] or [illegible]

2. **[illegible] [illegible] [illegible]:** [illegible] [illegible], [illegible], or [illegible] [illegible] [illegible] [illegible] or [illegible] [illegible] [illegible]

3. **[illegible] [illegible] [illegible]:** [illegible] or [illegible], [illegible], or [illegible] [illegible] or [illegible] [illegible] [illegible], or [illegible] or [illegible] [illegible] or [illegible]

[illegible] / [illegible]

(or [illegible] Recovery Kernel [illegible] or [illegible] [illegible] [illegible] or [illegible], [illegible] "COSTUME / PROP" or [illegible] or [illegible] [illegible] or [illegible] [illegible] [illegible], [illegible] or [illegible])

or [illegible] or [illegible] or [illegible]?

[illegible] [illegible] or [illegible]-[illegible] [illegible] [illegible], or [illegible] [illegible] or or [illegible] [illegible] [illegible] or [illegible] [illegible] or [illegible] [illegible]

or or [illegible] or [illegible] [illegible] or:

* **[illegible] [illegible] or or [illegible] [illegible]:** [illegible] or or [illegible] or [illegible] or [illegible] or [illegible] [illegible], or [illegible] [illegible] [illegible] or [illegible] [illegible] [illegible] [illegible] or [illegible]
* **[illegible] [illegible] [illegible] or [illegible] [illegible] [illegible] [illegible] or [illegible] [illegible] or or [illegible] [illegible]:** [illegible] or [illegible], [illegible] or [illegible], or [illegible] [illegible] [illegible] [illegible] or [illegible] [illegible]
* **[illegible] [illegible] or [illegible] or [illegible] [illegible] [illegible] or [illegible] [illegible] [illegible] [illegible]:** or [illegible] [illegible] or [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] **4. **[illegible] [illegible]:** [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]		
[illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]** [illegible] [illegible] [illegible] [

> **[illegible]:** [illegible] [illegible] [illegible]

[illegible]: [illegible] — [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

1. **[illegible] [illegible] [illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

2. **[illegible] [illegible] [illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

3. **[illegible] [illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible] [illegible] [illegible] [

□□□□□ □□ □□□ □□□ □□□□□

- **□□□□ □□□□□□ □□□□□□□ □□ □□□□□□□:** □□ □□□□□ □□ □□ □□□□ □□□□□ □□ □□□□ □□□ □□ □□□□□□ □□ □□□ □□□ - □□□□ □□ □□□□□, □□□□□□, □□□□□□ □□□□, □□ □□□□□□□□□□ □□□□ □□□□ □□□□□□ □□□□ □□ □□□□ □□□□□ □□□□□
- **□□ □□□□□□ □□□□□:** □□□□□□□□ □□ □□□□ □□□ □□□□ □□□□□ □□ □□□□□□ □□ □□□□□□□□ □□ □□□□ □□□□□ □□ □□ □□□□□ □□□□□ □□ □□ □□□□□ □□□□□□□ □□□□□ □□□ □□□ □□ □□□□ □□□
- **□□□□ □□□□□□ □□□□□□□ □□□□:** □□ □□□□□ □□□□□□□□□□ □□ □□ □□ □□□ □□□ □□ □□□□□□ □□ □□□□□□ □□□□□ □□□ □□ □□□□ □□□□ □□□ □□□□ □□□□□□ □□□□ □□□□□□□□□□ □□ □□□□ □□ □□□□ □□ □□□□□□ □□□□□□ □□□□□□□□□□ □□□□□
- **□□□□□□□□□□□□□□ □□ □□□□ □□□□□□□□□□ □□□□:** □□□□ □□□□ □□□ □□ □□□□□ □□ □□□□□ □□□□ □□ □□□□ □□□ □□□□ □□□ □□ □□ □□□□ □

□□□ 5: □□□□□ □□□□□□ - [□□□□ 3 □□□□]

[□□ □□□□, □□□□□□□□ □□□□ □□□ □□ □□□ □□□□ □□□, □□ □□□□□□ □□□□□ □□ □□□ □□□□□□ □□ □□□ □□□]

□□□□ □□□□□□□: □□□ □□□□□ □□, □□□□□ □□□ □□□□ □□□□ □□ □□ □□□ □□ □□□□□□ □□ □□□□□□□□□ □□□□□ □□□□ □□□ □□□, □□ □□ □□□□ □□ □□ □□□ □□□ □□□□

□□□□□ □□□□□□□: □□□□ □□□□ □□ □□ □□□□□ □□ □□□ □□ □□□□□□ □□ □□□□ □□□□ □□, □□□□□ □□□ □□□□□ □□□ □□□□□□□□ □□□ □□ □□□□ □□□□□□□ □□ □□□□□□ □□□

□□□□ □□□□□□□: □□□□□□□□, □□□□□□ □□□□□□□□ □□□□□□ □□ □□□□□ □□□□ □□□ □□□ □□□ □□□□□ □□□ □□□□ □□□□ □□ □□ □□□ □□□ □□ □□□ □□ □□□□□□□

□□□□□ □□□□□□□: □□□ □□□ □□□□ □□□□ □□□□□□ □□ □□ □□□□□□□□□ □□, □□ □□□ □□ □□□ □□ □□□ □□□ □□□ □□□, □□□ □□□□□ □□□□ □□□ □□ □□□ □□□□□□□□ □□□ □□□□

□□□□ □□□□□□□: □□□□ □□ □□□□□ □□□□□□□□ □□□□□ □□ □□ □□□ □□□□□□ □□□□□□□ □□ □□□□□□ □□□□ □□□□□ □□ □□ □□□ □□□□ □□□ □□□□□□ □□□ □□□ □□□□ □□□?

□

□□□ □□ □□□□□□ □□□, **"deficit" (□□ □□ □□□ □□□ □□ □□ □□□□ □□ □□□ □□)** □□ □□□ □□□□ □□□□? □□ □□□□□□ □□□□ □□□□ □□ □□□□ □□□ □□□

(Dīyē gā sandharb m□□, "deficit" (jo kī mu'l rūp se ek antar ya kamī hai) ke saath kya karen? Wah purānī chīz jis ko aap chup rahē thē.)

□□ □□□□ □□ □□□□□ □□□ □□ □□ □□ □□□ □□□□

□□□□ □□□□□□□ □□□□□□□□□□

□□□□□□□ □□□ □□ □□□□□□□ □□□□ □□□□ □□□□□ □□ □□□□ □□□□□□□□□□□□ □□ □□□□ □□□□ □□□□ **[□□□□□□]** □□ □□□□ □□□□

□□□□-□□□□, □□□□□□□□□□□□□□□

□□□ □□□□ □□□□ □□□ □□ □□□□□□ □□ □□□□□ □□□□□□ □□□

[□□ □□□□ □□ □□□□ □□ □□□□ □□ □□□□□□]

□□□□?

□□ □□ □□□ □□ □□□□ □□□□□□ □□ □□ □□□□ □□□□□□□ □□ □□□□□□□ □□□□□ □□ □□□□□ □□ □□□□ □□□

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

1. **[illegible] [illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
2. **[illegible] [illegible] [illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[ ]

[illegible]

[ ]

[illegible] **Recovery Kernel** [illegible]:

1. **[illegible] (Share your experiences and the strategies you used to cope.)**
2. **[illegible] (Which support systems were most helpful for you and why?)**
3. **[illegible] (What challenges did you face in your recovery journey and how did you overcome them?)**
4. **[illegible] (Do you have any techniques that help you manage stress or tough times?)**
5. **[illegible] (What steps did you take to achieve your goals and stay committed?)**
6. **[illegible] (Do you have any advice that could help others facing similar struggles?)**
7. **[illegible] (Where did you find the most motivation during this process?)**

[illegible]: [illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

- **[illegible]:** [illegible]
- **[illegible]:** [illegible]
- **[illegible]:** [illegible]

[illegible]

- **[illegible]:** [illegible] [illegible] [illegible]